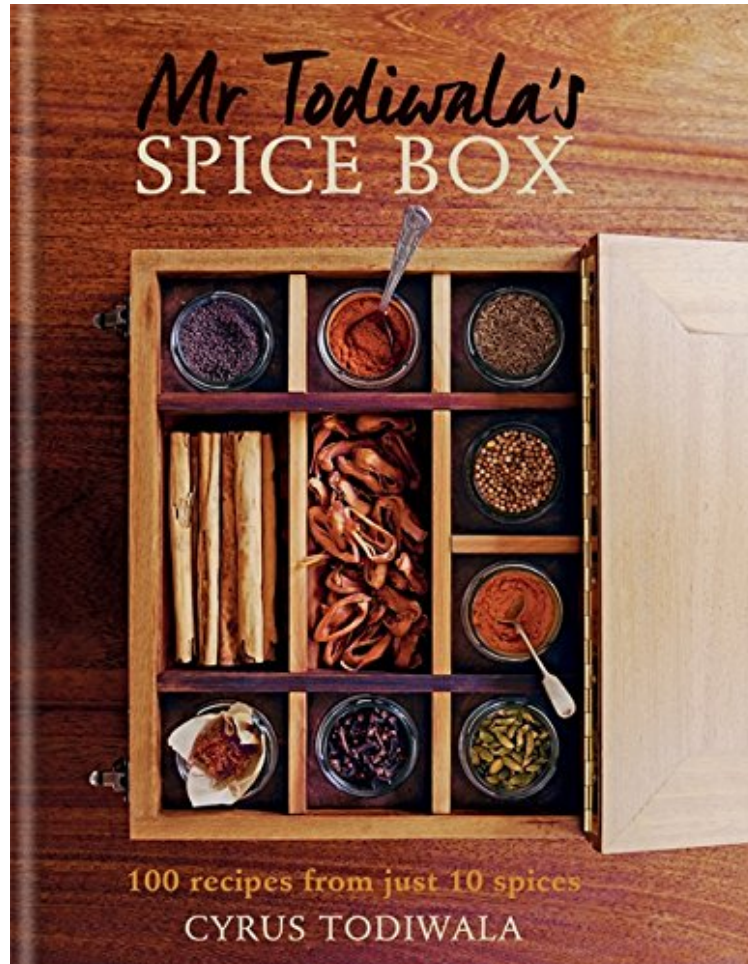


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Cyrus Todiwala is known for combining flavors, spices and ingredients in ways no other Indian chef has ever done before. He loves mixing Western dishes with Indian flavorings to create recipes that make innovative and delicious use

of spices. Offering an entirely fresh look at spices, Cyrus takes just 10 of his favorites and bases 120 recipes around them. Using his special spice box and a selection of fresh ingredients, he conjures up an astonishing range of dishes that will spice up any mealtime, such as Prawn Masala Omelette, Venison Burgers, Spiced Roast Chicken with Rum, Pork Belly in Chilli, or Ginger, Garlic Saffron Crepe.

About the Author Cyrus Todiwala OBE, DL, was born in Bombay and rose to become Executive Chef of the Taj Group of hotels in India. Looking for a new challenge, he moved to Britain, where he has lived for more than twenty years. As well as running three successful restaurants in London, he has written a number of cookery books and in 2013 co-presented *The Incredible Spice Men* on BBC TV. He also makes frequent appearances on BBC Saturday Kitchen and in other media.