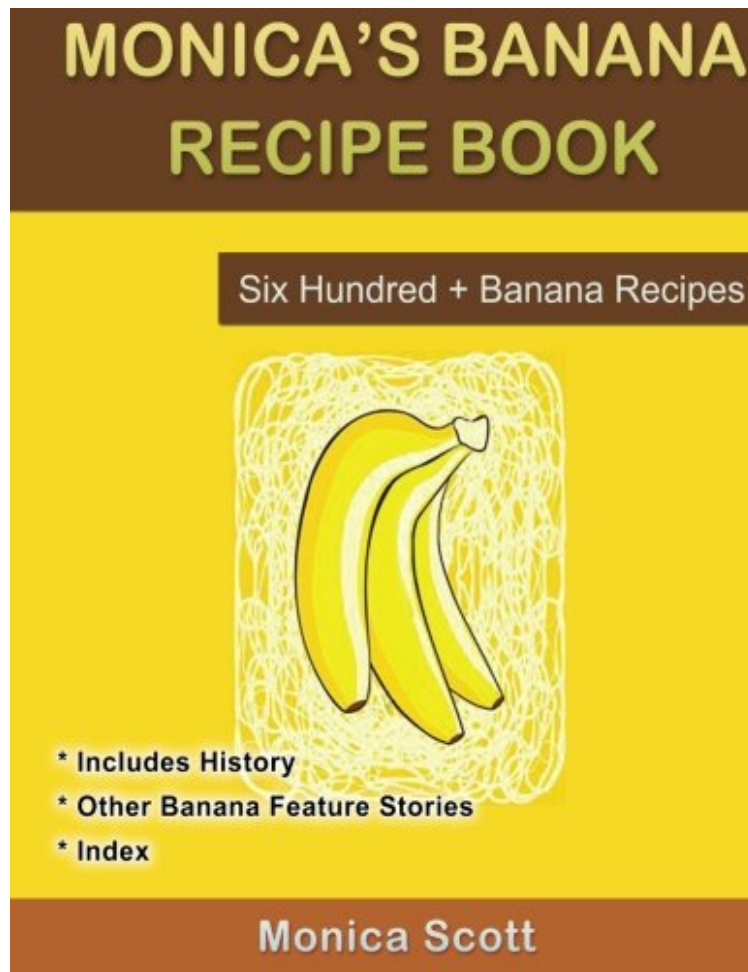


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About the Author Monica Scott is a DC-based attorney who experiments with healthy food choices and then produces recipes that we can all enjoy.