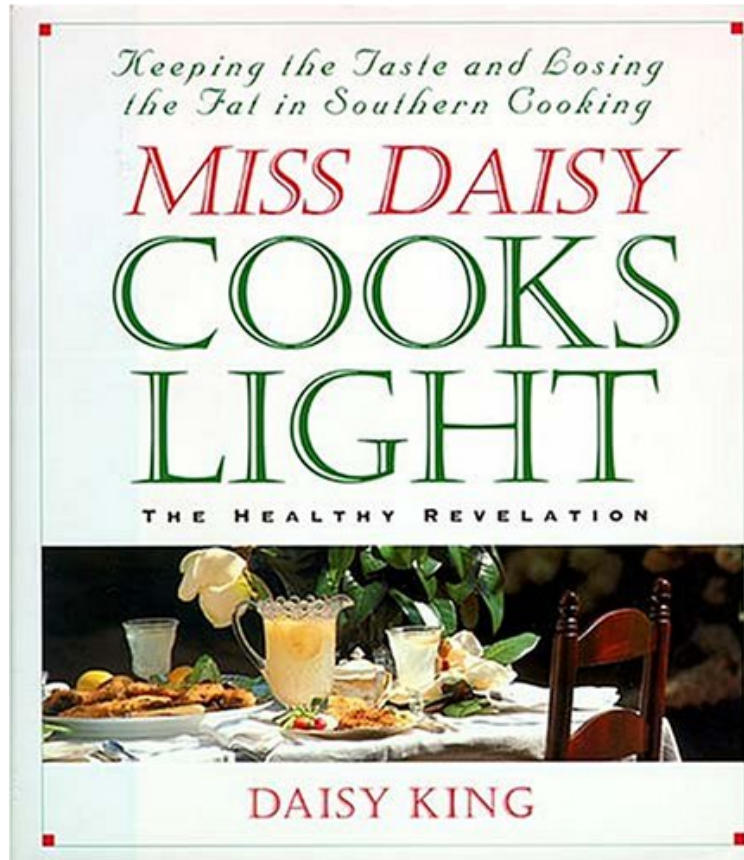


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Miss Daisy Cooks Light: The Healthy Revelation

Daisy King

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The popular cookbook author creates healthy versions of her own famous recipes and low-fat, low-sugar, and low-salt alternatives to many popular southern dishes. This book also shows how to dine out and shop for healthy ingredients. Over three hundred deliciously healthy recipes. Indexed.