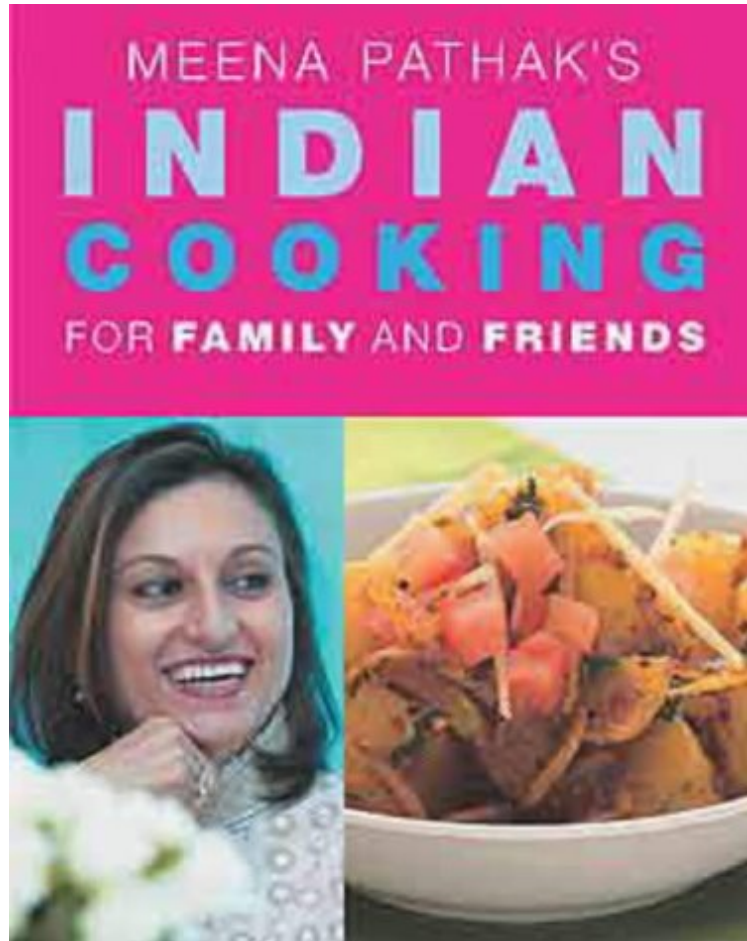


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Meena Pathak's Indian Cooking For Family and Friends

Meena Pathak

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Meena Pathak : Meena Pathak's Indian Cooking For Family and Friends before purchasing it in order to gage whether or not it would be worth my time, and all praised Meena Pathak's Indian Cooking For Family and Friends:

The popularity of Indian food is increasing but many people still see it as something that is prepared as an occasional treat. In this book the author shows how she cooks at home and dispels the myth that Indian food is full of complicated curries and spices. With chapters on quick fixes and everyday family meals, Indian is an everyday meal.