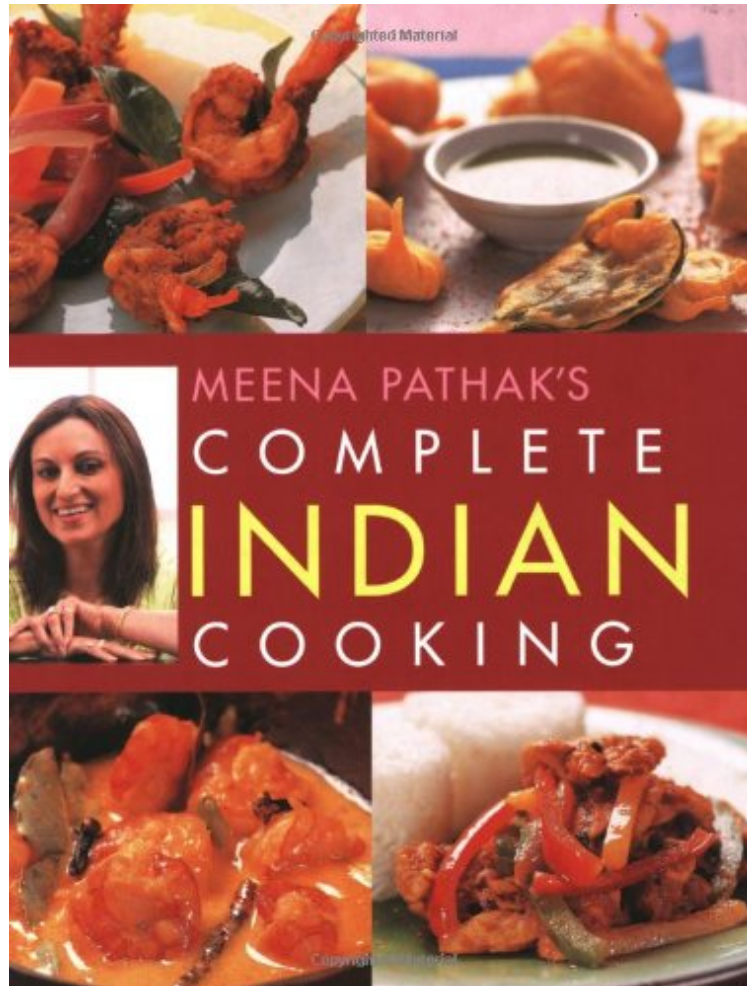


# Meena Pathak's Complete Indian Cooking

Meena Pathak

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#1340990 in Books New Holland 2008-08-05Ingredients: Example IngredientsOriginal  
language:EnglishPDF # 1 .57 x 8.40 x 10.411, 1.96 #File Name: 1847731597224 pages | File size: 73.Mb

**Meena Pathak : Meena Pathak's Complete Indian Cooking** before purchasing it in order to gage whether or not it would be worth my time, and all praised Meena Pathak's Complete Indian Cooking:

0 of 0 people found the following review helpful. Meena writes in a comfortable, very understandable wayBy Susan ReedMeena writes in a comfortable, very understandable way. Those not familiar with Indian cuisine will quickly be drawn into these delicious recipespr. The pictures are beautiful and are good representations of your finished product. Crucial to Indian cooking is how to use certain spices, and what they look like. Finding many of them is difficult, but if you have an Indian food store in your community, they are more than willing to help.0 of 0 people found the following review helpful. try it, you'll love it...By lizThis cookbook is awesome! I first checked this book out from the library. There were so many recipes I wanted to get that I decided to purchase my own copy. I particularly like the way meena presents the Indian cuisine. There's some history of the country and its cuisine in the beginning with also an

explanation of the different spices and mixtures used. Every recipe has a little write up either from what region it is or on traditions or/and what some of the ingredients mean. If you thought you didn't like Indian food, well this cookbook will change your mind. You will not only enjoy reading this cookbook but also the ease that it takes to make these recipes will add to your cooking pleasure. The pictures are on every page and are mouth watering! I hope you enjoy it as much as I do. 0 of 0 people found the following review helpful. highly recommended to Indian foodlovers. By Juergen Meisenkothen the layout of the book is great. tried a couple of recipes, all came out great. our favorite "vegetables in coconut milk" page 62. highly recommended to Indian foodlovers.

Indian food grows increasingly popular every day, and more and more people across America want to learn how to cook it themselves. Meena Pathak, who with her husband founded a global empire of prepared Indian foods, shares her love for Indian cuisine with more than 170 delicious recipes. Made from readily available ingredients, the mouth-watering choices range from starters, snacks, and soups to sumptuous chicken, fish, and vegetable dishes. With directions on techniques such as tempering spices, along with recipes for breads, chutneys, drinks, and desserts, this is the one Indian cookbook for everyone from the beginner to the gourmet chef.

About the Author Meena Pathak OBE was born in Mumbai, India. She trained in food technology and as a chef with the prestigious Taj hotel group. In the late 1970s, she married Kirit Pathak and together they began to grow the family's spices and pickles company in England. Today, Patak's (they dropped the "h") is the UK brand leader in Indian foods, exporting to over 40 countries. Her highly successful first book, *Flavours of India*, won the Gourmand World Cookbook Award in 2002 for Best First Cookbook. She has also written *Indian Cooking for Family and Friends*. Both are published by New Holland. She lives in Bolton, Lancashire.