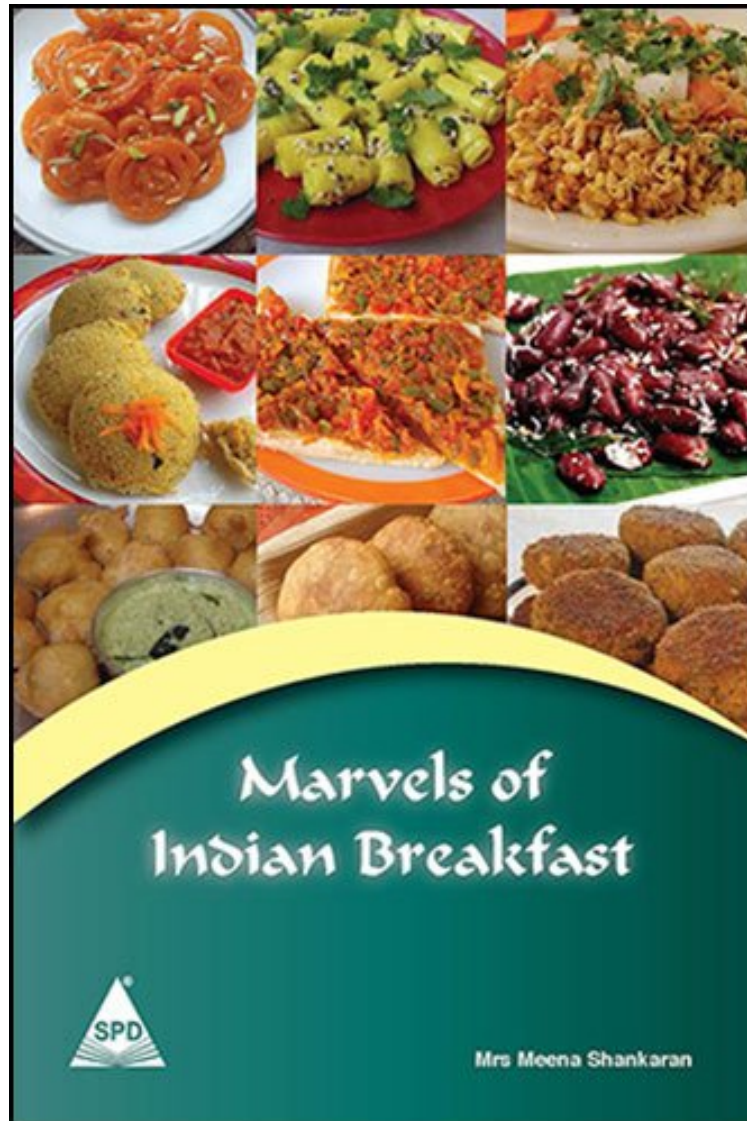


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Marvels of Indian Breakfast

Mrs. Meena Shankaran

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Mrs. Meena Shankaran : Marvels of Indian Breakfast before purchasing it in order to gage whether or not it would be worth my time, and all praised Marvels of Indian Breakfast:

Marvels of Indian Breakfast is my seventh book in the series on culinary items. Based on the encouragement received from my earlier books, I have written this book. This book is an assortment of Indian recipes on Breakfast. The book offers variety in terms of regional flavor, tradition and age group. Right from the traditional South Indian breakfast

items of Idly, Dosa to North Indian specialities like Jalebi, Dhokla, Parathas, Tikki, Usal etc. the book provides scope for treating your loved ones with variety. Also the book makes an attempt to entice the most difficult customer, the kids! The book offers some nutritious and at the same time variety breakfast to the kids. There are some unique recipes made of oats, ragi etc. One may find that the preparations are simple and delicious appetizers. Take some time to read through to keep yourself and your family healthy and start each day with a happy morning.

About the Author About the Author I have written several books on culinary items in English and Tamil. I have been writing articles, stories, travelogues, jokes, recipes, real incidents, experiences, poems etc. in various South Indian Tamil magazines. I have also written several books in Tamil on short stories, tips, travelogues, children's stories etc., many of which are available in online portals. With the continued support of the publisher M/s Shroff Publishers Distributors and the encouragement received from the readers, I have, so far, written a series of six books on culinary items in English. The present book, Marvels of Indian Breakfast is the seventh in the series. I hope and sincerely believe that this book would be useful in planning your breakfast table. May I wish all the readers, their family members and friends a very happy and healthy times.