

[Free] Mamajee's Kitchen Indian Cooking From Three Continents

Mamajee's Kitchen Indian Cooking From Three Continents

Lella S. Umedaly Muneera U. Spence

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Lella S. Umedaly Muneera U. Spence : Mamajee's Kitchen Indian Cooking From Three Continents before purchasing it in order to gage whether or not it would be worth my time, and all praised Mamajee's Kitchen Indian Cooking From Three Continents:

Author's note states: The cookbook has evolved from the tastes and influences of three continents, and from experience with cooking for a very large family. The foundation was laid in India, the home of ancestors, elements were added in Africa, the continent her ancestors adopted for three generations, and the final touches from Canada were she calls home. Each continent influenced the ingredients, taste, appearance, aroma, and texture of my dishes. From India came the bright and deep flavors, the striking colors, and the delightful aromas that float from the kitchen when the dishes are being prepared. Softbound 186 pages.