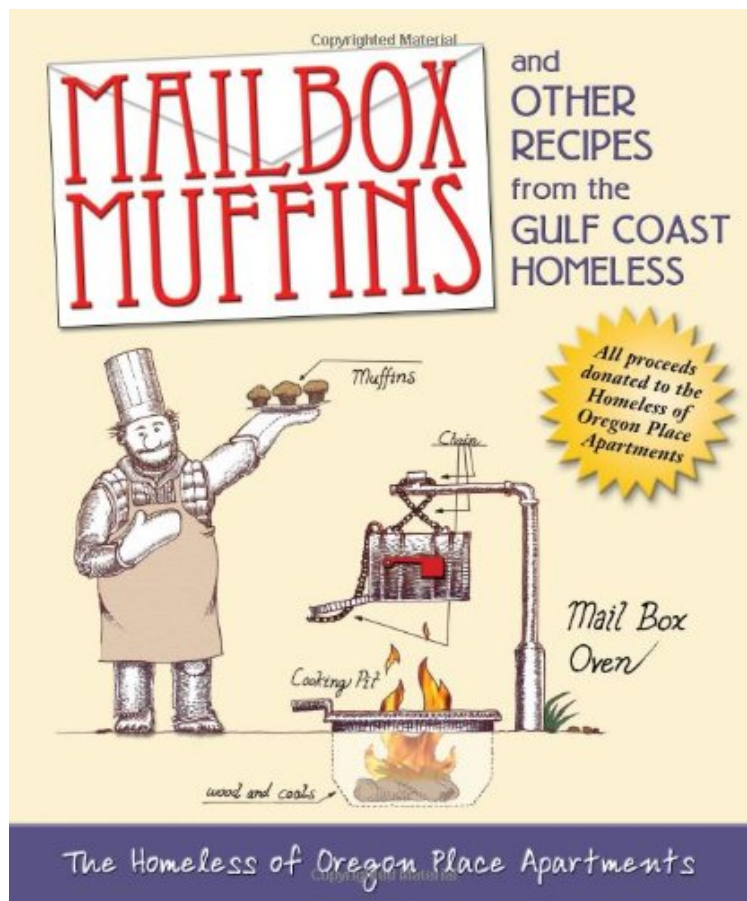


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Homeless of Oregon Place Apartments

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#5340937 in Books Homeless of Oregon Place Apartments 2011-08-19 2011-08-19 Original language: English PDF # 1 9.02 x .29 x 7.531, .70 #File Name: 0984304746112 pages Mailbox Muffins and Other Recipes from the Gulf Coast Homeless | File size: 65.Mb

Homeless of Oregon Place Apartments : Mailbox Muffins: and Other Recipes from the Gulf Coast Homeless

before purchasing it in order to gauge whether or not it would be worth my time, and all praised Mailbox Muffins: and Other Recipes from the Gulf Coast Homeless:

0 of 0 people found the following review helpful. Delicious recipes from the Homeless By Lori91761I was amazed at the types of recipes concocted by people living on the streets. I tried 10 of them and they were all delicious and am looking forward to trying more of them. The stories of the homeless were very interesting too. 4 of 4 people found the following review helpful. Insightful and Uplifting Read! By ATzavellas This book about comfort foods and culinary accomplishments is not only a delight for any cook but a testimony to how the human spirit can rise up against the challenges and tragedies of homelessness and displacement. Mailbox Muffins and Other Recipes from the Gulf Coast Homeless is as much an uplifting story as it is an excellent cookbook. As anybody from the south knows, food and hospitality are two very important aspects of everyday life. The stories told in Mailbox Muffins and Other Recipes from the Gulf Coast Homeless from those who survived Katrina and its aftermath show that food and hospitality

permeate every level of society. Many of the people, now residents in Oregon Place, found themselves with nothing left, other than the caring and compassion of other people, who, during their own struggles, sacrificed more for the good of someone else. The journey from the streets, fields, and woods to the Oregon Place apartment complex shows how--with just a little help from caring, compassionate individuals-- the people society often looks down upon can rise to become the contributing members of the community and society they have always wanted to be. Beyond such lessons we can all learn from this book, the recipes really work. As the name of the book suggests, there are many ways to cook that the most seasoned chef would not have considered. And if you're new to cooking or are in a last minute pinch as to what to fix for dinner, there are plenty of options and simple recipes to choose from. These stories and recipes offer a rare and unique glimpse into a part of society that most choose to forget. This book has lessons we should all remember, and will make you never look at a mailbox the same way again. 0 of 0 people found the following review helpful. Mailbox Muffins By MadaleneHeart warming and tasty, Mailbox Muffins is a unique cookbook with a story. It brings you into the lives of people who have seen and lived through many hardships. Each dish has a meaning to someone and is brought to life by their experiences. The recipes are not common culinary practices, but unique dishes from unique people. It reminds us how lucky we truly are by tasting the best parts of life through the worst experiences.

Mailbox Muffins is the first book of its kind; a compilation of recipes put together by the homeless of the Oregon Place Apartments. Their compelling stories will make you realize how fortunate you are--and how close we all are to becoming homeless ourselves. Oregon Place offers apartments to people who might otherwise be sleeping in the woods. The apartment rent is income based. Tenants must earn less than 50% of the area median income. The nonprofit agencies work with tenants, helping them sign up for the support and training they need to regain financial independence and permanent homes.

About the Author This book is written by the homeless that live at the Oregon Place Apartments in Biloxi. After Katrina hit they were mostly left on the streets to survive alone. They have all contributed their recipes to the book and all proceeds go to the Oregon Place Apartments.