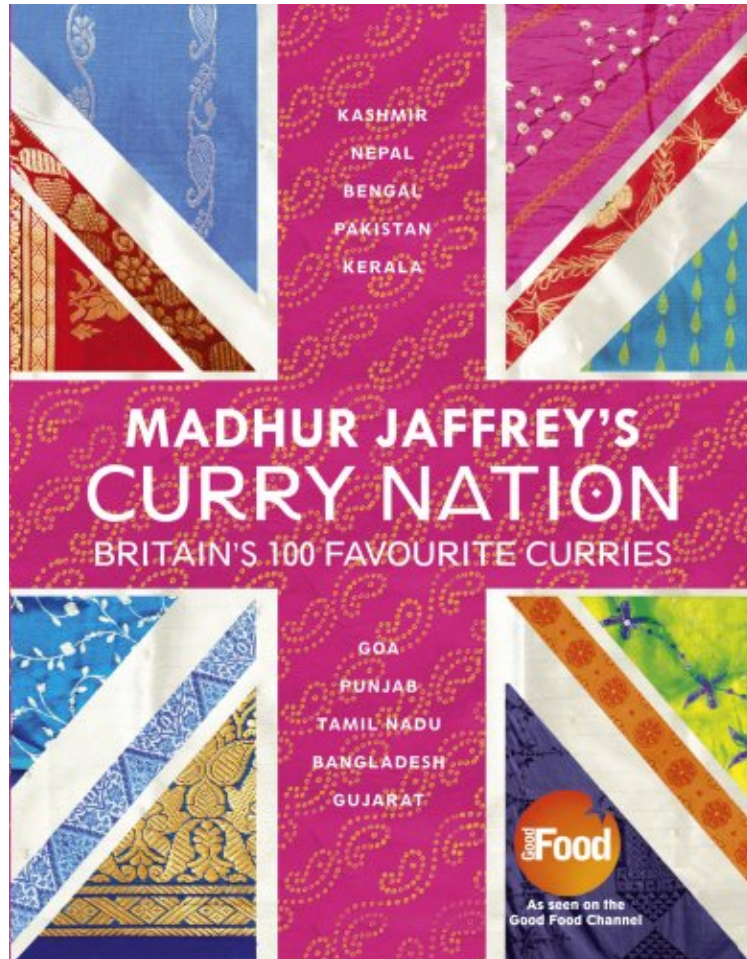


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Madhur Jaffrey's Curry Nation

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Madhur Jaffrey : Madhur Jaffrey's Curry Nation before purchasing it in order to gage whether or not it would be worth my time, and all praised Madhur Jaffrey's Curry Nation:

Our favourite Indian cook explores the UK's favourite dish -- over 100 recipes selected and adapted by Madhur. Madhur Jaffrey, television's most-loved Indian cook, returns for a major new series on the Good Food Channel. Travelling across Britain, visiting local Indian and South Asian communities, Madhur reveals how it's possible to sample virtually the whole of Indian cuisine without ever leaving the British Isles. In the official tie-in book to the series, Madhur showcases her favourite recipes with influences from all over the subcontinent: Punjabi, Goan, Parsi and Bengali amongst others. Carefully selected and adapted by Madhur, the recipes conjure up the colour and vitality

of this vibrant culture, but keep to her mantra that Indian food doesn't need to be complicated. Always, innovative and contemporary, Madhur will even give some of these traditional recipes a twist -- pairing Aloo Gobi with a very British roast lamb, for example. Whether it's the spicy, lentil-based specialities of Rajasthan, kebabs and kormas from Delhi, or coconut-infused curries from Kerala, we will accompany Madhur on her very personal tour of our modern-day Curry Nation.