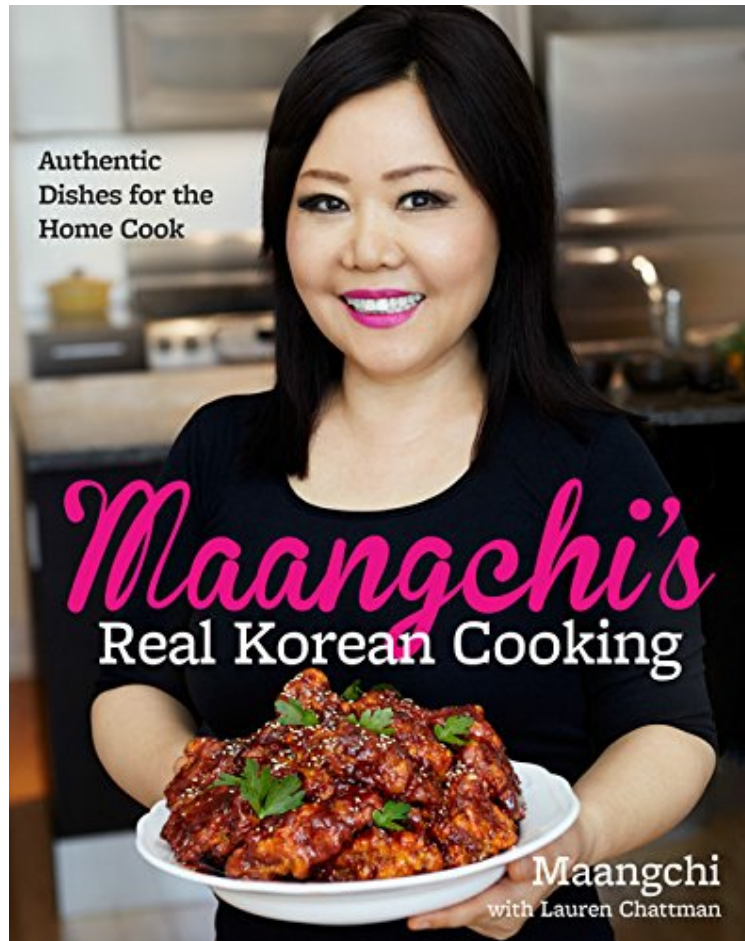


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Maangchi's Real Korean Cooking: Authentic Dishes for the Home Cook

Maangchi

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#8745 in Books Emily Kim Maangchi Lauren Chattman 2015-05-19 2015-05-19Original language:EnglishPDF # 1 10.00 x 1.09 x 7.94l, 1.00 #File Name: 054412989X320 pagesMaangchi s Real Korean Cooking Authentic Dishes for the Home Cook | File size: 32.Mb

Maangchi : Maangchi's Real Korean Cooking: Authentic Dishes for the Home Cook before purchasing it in order to gage whether or not it would be worth my time, and all praised Maangchi's Real Korean Cooking: Authentic Dishes for the Home Cook:

140 of 143 people found the following review helpful. More than a cookbook, definitely a must have book for anyone interested in Korean food!By Hello KitchenI've been a fan of Maangchi's website and YouTube channel for a couple of years. I think she is charming and down to earth, and she makes everything she does seem easy and accessible to the rest of us. I was so excited to get this cookbook, and I'm not disappointed! This book is beautiful to look at, with color photos and brightly colored pages, as well as informative and fun to read.Maangchi's Real Korean Cooking is so much more than a cookbook. It's a true primer on authentic Korean cooking and I wish I had this book when I began cooking

Korean foods. A glossary of ingredients includes photos, descriptions, and food names in both English and Korean. Info on acceptable substitutes is also available when possible. Tips and techniques are dotted throughout the book, making everything guess-free. Included is also a fascinating introduction to the basics of traditional Korean meals and the culture that surrounds them. This book is also filled with color photographs of finished recipes, as well as some step by step photos. I think there are over 400 photos in all! Like many people, I prefer cookbooks with photos to entice me into trying them. Yes, it's food porn. And it's so good! The recipes are varied and include many basic Korean mainstays, as well as some unique recipes. I was particularly thrilled to find recipes for making kitchen staples such as homemade gochujang (Korean hot pepper paste) and rice liquor. I make kimchi all the time, which I learned from Maangchi's YouTube channel, but never thought about making other fermented foods and pastes. Now I will! I live on a mostly plant based diet, with occasional seafood. Many of the recipes in this cookbook include beef and pork, but plenty are meatless or include seafood. Everything is rich in vegetables and many can be easily adapted to a meat free meal. In fact, that's one of the things I appreciate about the Korean diet - plenty of vegetables at every meal. If you are a meat eater, you'll find more than enough to keep you happy, including the secret to that famous Korean fried chicken everyone loves so much. Tonight we made vegetable leaf wraps with rice and apple dipping sauce, and stir fried kale with soybean paste. These were recipes that I already had ingredients for, since I couldn't wait to try a few new dishes. The apple dipping sauce was very new to me and I really enjoyed it. Finely diced sweet apples were combined with savory soybean paste, red pepper paste, sesame oil, garlic, and scallions. I spread a small amount of this on leafy greens and rolled it around a bit of rice for bite sized packets that made my mouth burst from all the flavor! Even my granddaughter loved this one. The kale recipe was also new to me. The seasoning mixture was similar to what I use on spinach, and it was surprisingly good on the kale. Cooking unfamiliar foods can be intimidating, but "Real Korean Cooking" will give you the knowledge and confidence to create a meal that is authentic and delicious. If you are unsure about anything, her online community is there to help. I'm much more pleased with this cookbook than I expected to be. I highly recommend it!

114 of 120 people found the following review helpful. Great cookbook! Loved, with a few minor nuances... By Yen**A 4.5 STAR REVIEW** (I gave a 5 instead of 4 because Maangchi is amazing). I have been using Maangchi's website for her Korean recipes ever since I began living alone and wanted to try my hand at authentic Korean cuisine. Maangchi is such a great instructor and cook, providing clear cut instructions for her recipes. I was SOOO happy when I heard that she was coming out with a full cookbook. I preordered it, and I also received the autograph the day before I received the book. The autograph comes on a sticker, and I proudly stuck her autograph on the inside of the book. :) Most recipes are found on her website, with some new ones. All recipes come with a final picture of the dish, with some coming with pictures of the cooking process. Some really amazing things that I LOVE about the book:

1. Maangchi has a section dedicated to showing small pictures and descriptions of the essential Korean ingredients and equipment used in the cookbook. Very useful so you know what you're looking for when you're shopping in a very diverse and large oriental market!
2. There are 11 sections: Rice, noodles, soups/stews, kimchi, side dishes, pancakes, snacks, party food, fermented foods, sauces/garnishes, and desserts. The largest section is the side dish section, one of the main reasons I bought the book!
3. There is a small section in the back of the book listing what a typical Korean day is in terms of meals (breakfast, lunch, dinner), and as well as lists of dishes typically served during holidays.
4. The photographs are very vibrant and beautiful, with labels to know exactly what you're looking at.
5. She even included some comments that people posted on her website when they were asking for tips related to the dishes. Very cool!

The reason why it's a 4.5 star review is because of a couple small things:

1. There is no Korean writing at all in this book. It would have been very nice and convenient if the names of the dishes were written in Hangul too (they are written in Romanization, but that is not always helpful when you're trying to translate it into Korean!). I actually went through the entire book and penned the names of the dishes in Hangul (with a pink permanent marker to match the color scheme! ;)).
2. The pictures of the dishes do not always follow the recipe underneath. Some recipes will say that the picture of the dish is on the following page. I understand that some recipes are complex and fitting a picture in along with the recipe is not feasible, but it would have been helpful to see, perhaps, a tiny picture of the finished dish next to the dish name, and then have a larger picture (maybe from a different angle, or so) showing more details of the dish. Regardless of these two small details, I absolutely love the book, and I think Maangchi is super awesome. I am very excited to try cooking some of these dishes. I already have some stickied for the future! Thanks, Maangchi, for making such a great cookbook! :)

20 of 22 people found the following review helpful. Delicious, detailed, photos of ingredients (so helpful!), and pretty easy. Recommend! By Jennifer Guerrero Everything we've tried has been delicious so far, and a lot of the flavors are new to us. One of the things that Maangchi does in this book that makes it sooo user friendly is that she includes pictures of the ingredients at the front of the book. This is so helpful if you're not familiar with them. It makes shopping much less overwhelming. There are quality photos of almost every dish, so you won't wonder what it's supposed to look like. Highly recommend!

Pictured below:

- 1) The Bulgogi (really flavorful grilled beef) - p223 and Stir-Fried Kale with Soybean Paste - p138 are fantastic.
- 2) Gimbap - p44. It's like sushi, but has sesame oil instead of vinegar in the rice, and the fillings are different: crab, seasoned ground beef, egg, pickled radish, and garlicky spinach. I am in love with this stuff!
- 3) Tteokguk - p72. It's a rice cake soup with brisket, egg, scallions, etc. Amazing dinner, and it's on the table in about 45 minutes.

****Okay, I'm cracking up. I doubled the recipe, and we ate half last night. I just woke up to two very happy looking teenagers and the leftovers were gone.****

A complete course on Korean cuisine for the home cook by the YouTube star and the world's foremost authority on Korean cooking Her millions of fans compare her to Julia Child. An Internet sensation, Maangchi has won the admiration of home cooks and chefs alike with her trademark combination of good technique and good cheer as she demonstrates the vast and delicious cuisine of Korea. In Maangchi's Real Korean Cooking, she shows how to cook all the country's best dishes, from few-ingredient dishes (Spicy Napa Cabbage) to those made familiar by Korean restaurants (L.A. Galbi, Bulgogi, Korean Fried Chicken) to homey one-pots like Bibimbap. For beginners, there are dishes like Spicy Beef and Vegetable Soup and Seafood Scallion Pancake. Maangchi includes a whole chapter of quick, spicy, sour kimchis and quick pickles as well. Banchan, or side dishes (Steamed Eggplant, Pan-Fried Tofu with Spicy Seasoning Sauce, and refreshing Cold Cucumber Soup) are mainstays of the Korean table and can comprise a meal. With her step-by-step photos—800 in all—Maangchi makes every dish a snap. A full glossary, complete with photos, explains ingredients. Throughout, Maangchi suggests substitutions where appropriate and provides tips based on her readers' questions.

"YouTube's Korean Julia Child." --The New York Times "In this delightful collection, [Maangchi] showcases the variety and breadth of Korean cooking... She begins by detailing typical Korean meals, with ever-present rice and kimchi served in a multitude of ways. She also provides comprehensive ingredient and equipment lists that help orient first timers... Side dishes steal the show, including braised beef in soy sauce, stir-fried kale with soybean paste, blanched spinach with scallions and sesame, and stir-fried pork... Maangchi has written an essential cookbook for anyone who wants to learn to prepare authentic Korean cuisine." —Publishers Weekly"Maangchi Time!" —Roy Choi"Maangchi is an amazing source for authentic Korean recipes that are easily and thoroughly explained for professional and amateur cooks alike. Her passion for Korean food and her pursuit of culinary excellence have inspired me and many others." —Hooni Kim, chef, Danji