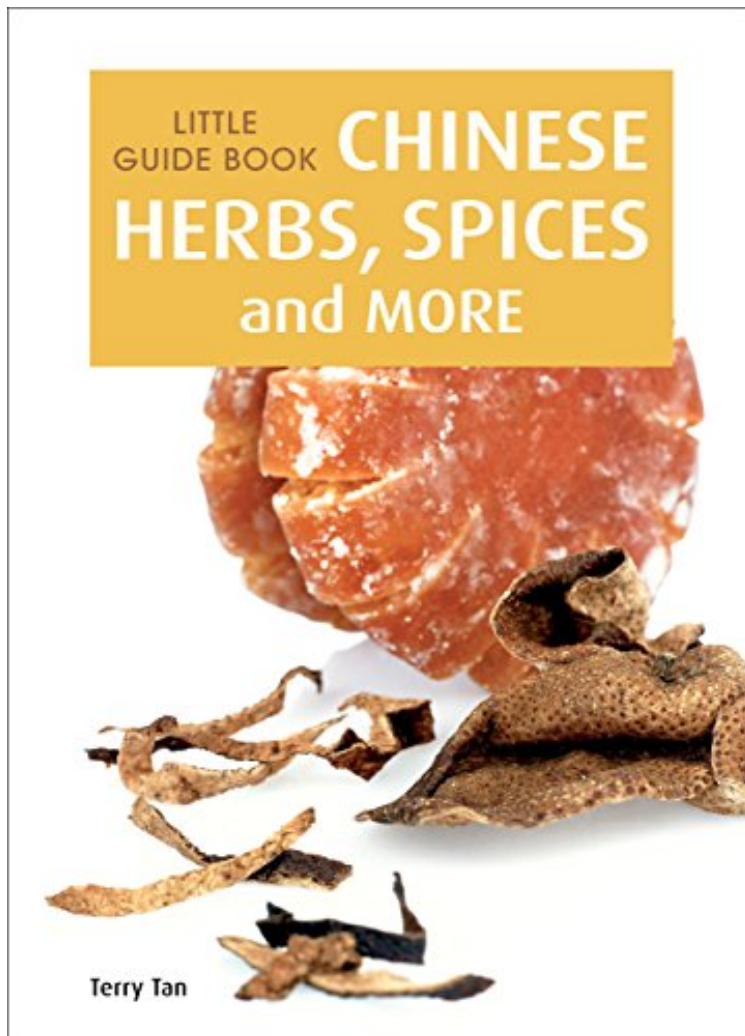


(Free download) Little Guide Book: Chinese Herbs, Spices More

Little Guide Book: Chinese Herbs, Spices More

Terry Tan

*ebooks | Download PDF | *ePub | DOC | audiobook*



[Download](#)

[Read Online](#)

#4601838 in Books 2014-11-07 Original language: English PDF # 1 7.14 x .27 x 5.631, .0 #File Name: 981456129080 pages | File size: 39.Mb

Terry Tan : Little Guide Book: Chinese Herbs, Spices More before purchasing it in order to gage whether or not it would be worth my time, and all praised Little Guide Book: Chinese Herbs, Spices More:

0 of 0 people found the following review helpful. which is good. But says nothing about the flavor/taste of any ...By LesleyTalks about the different names and health benefits, which is awesome.But says nothing about the flavor/taste of any of the spices, or types of dishes they're used in.

This handy guide features 40 ingredients found in the Chinese kitchen, each illustrated for easy reference and identification. Discover the wealth of benefits of using these herbs, spices and other ingredients to whip up nourishing dishes or as natural remedies. This book also includes a handful of recipes for tantalising Chinese dishes and desserts.

About the Author Terry Tan is a respected culinary consultant informed by a wealth of experience garnered over more than five decades in the food and food-writing business, from cookery teaching to commercial recipe development. The author of more than 30 cookbooks, including *Asian Cook* which won an award for Best Asian Cookbook at the Gourmand World Cookbook Awards 2003, Terry has appeared on many cooking television programmes, mainly in the UK where he has lived for more than 30 years. A widely-travelled former journalist-turned-restaurateur, Terry grew up immersed in the culinary richness of an extended Straits Chinese family, and continues to introduce the best of Asian heritage cuisine to the uninitiated around the globe. He is also the author of four definitive volumes of regional Chinese cooking published in 2013