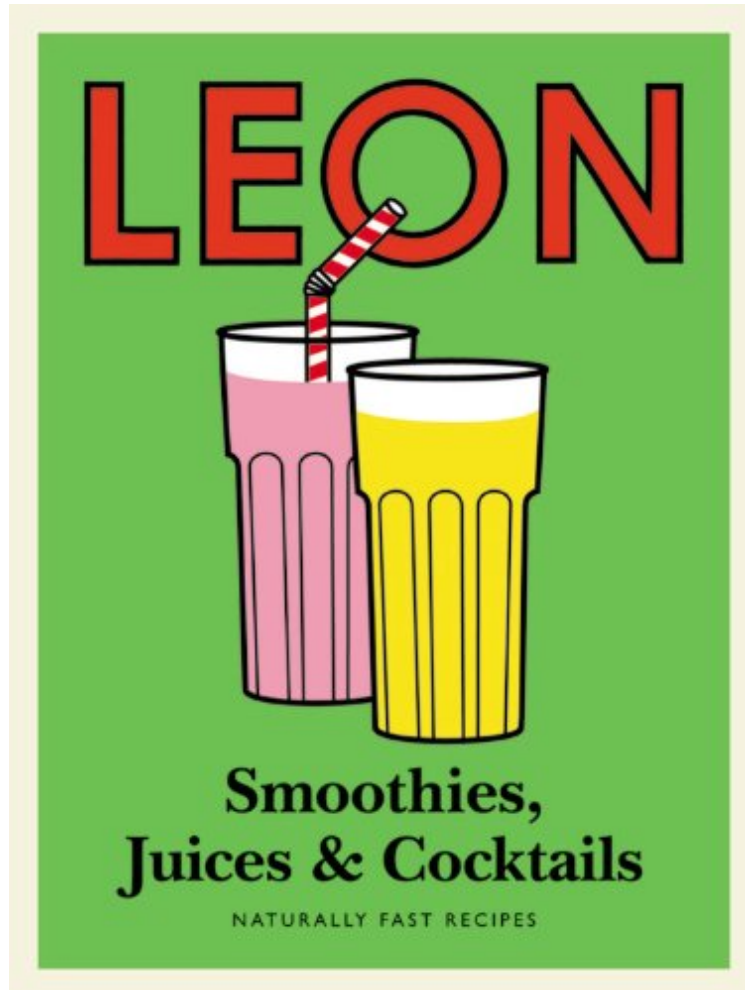


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Leon Smoothies, Juices and Cocktails

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Good food that's good for you is the mantra on which Leon was founded and the recipes in this gorgeous compact collection are packed with both flavor and goodness. Start the day with a Strawberry Power Smoothie or a Kiwi Breakfast Smoothie, chill out with a Cucumber Cooler or Melon Fizz and for something more indulgent try a Soul Fruit Cup or a Leon Summer Punch.

'Wholesome, yummy...joyously healthy.' Sunday Times 'Well done Leon. I am proud Brits can deliver such a brilliant

retail concept as this.' Mary Portas, Daily Telegraph
About the Author
Leon was founded on the twin principles that food can both taste good and do you good. When Henry Dimbleby, John Vincent and Allegra McEvedy opened their first restaurant, on London's Carnaby Street in July 2004, their aim was to change the face of fast food. Six months after opening, Leon was named the Best New Restaurant in Great Britain at the Observer Food Monthly Awards (by a judging panel that included Rick Stein, Gordon Ramsay, Nigel Slater, Heston Blumenthal, Ruth Rogers and Jay Rayner). There are now thirteen restaurants serving over 70,000 people a week.