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Nora Thompson Dean

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Nora Thompson Dean : Lenape Indian cooking before purchasing it in order to gauge whether or not it would be worth my time, and all praised Lenape Indian cooking:

5 of 6 people found the following review helpful. LENAPE INDIAN COOKING By CHARLIE NORA THOMPSON DEAN IS A LENAPE ELDER AND TREASURE. SHE SAW THE CULTURE FADING AND BEING LOST IN THE NEW WORLD OF CONVENIENCES AND DECIDED TO WRITE DOWN THE 'OLD WAYS'. A JEWEL OF A BOOK WITH A WEALTH OF INFORMATION NECESSARY TO KEEP THE LENAPE CULTURE ALIVE AND BEING TAUGHT TO THE CHILDREN. 7 of 8 people found the following review helpful. American Indian cooking By Linda Slager My sister was so happy to get this cookbook. She is Lenape. Her grandmother (a Lenape) use to make some of the recipes in the book. She thought they were gone forever. It makes for interesting reading if you like to read about American Indian food and way of life.

Lenape (Delaware Indian) Cooking, by Touching Leaves Woman (Nora Thompson Dean). Traditional recipes and modern recipes for Lenape foods. This book also has sections with historical accounts of Lenape foods and preparation from the 1600's and 1700's written when the Lenape were still in their original homeland of New Jersey, eastern Pennsylvania, northern Delaware, and southeastern New York states. This is the second edition and was released in 2016. It has 44 pages printed on stain-proof paper.