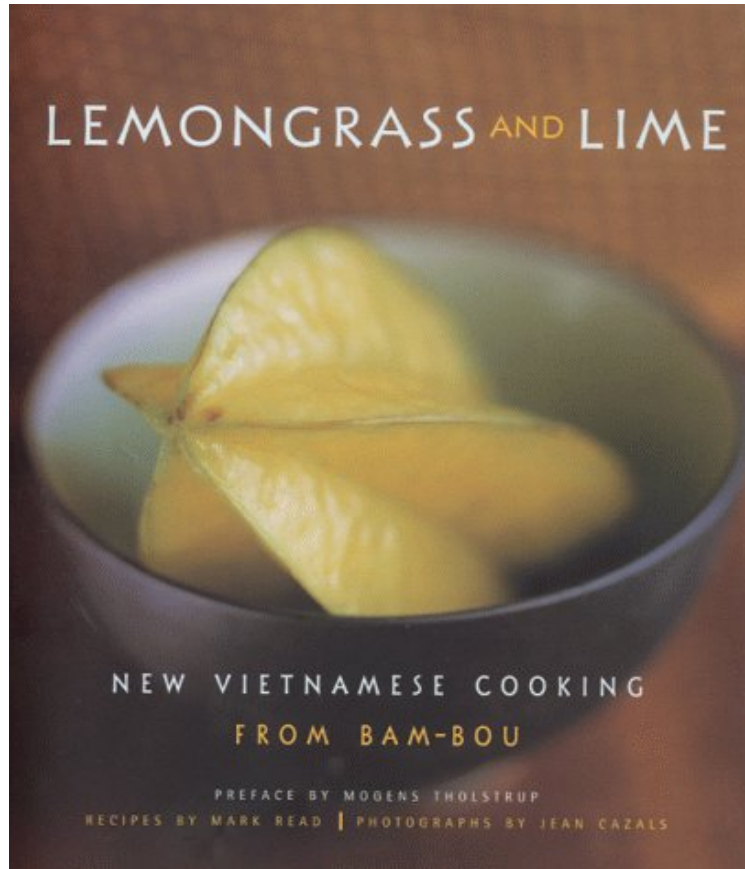


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## Lemongrass and Lime: New Vietnamese Cooking from Bam-bou

*Mogens Tholstrup, Mark Read, Jean Cazals*  
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**Mogens Tholstrup, Mark Read, Jean Cazals : Lemongrass and Lime: New Vietnamese Cooking from Bam-bou** before purchasing it in order to gage whether or not it would be worth my time, and all praised Lemongrass and Lime: New Vietnamese Cooking from Bam-bou:

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By I Do The Speed Limit  
The index in this book is so poor it renders it useless. It has some value as a coffee table book, but not as a cookbook. If you are looking for a Vietnamese cookbook, you can't go wrong with Vietnamese Home Cooking. It is the best in my opinion.

This is an introduction to modern Vietnamese cooking, as pioneered by chef Mark Read at Bam-bou in London. Recipes range from the traditional such as sour green mango salad, baked fillet of lemon sole in banana leaf, or pho-bo soup to the divine decadence of crispy quail with watercress and tamarind or chocolate and lemongrass mousse. Due to the nature of the cooking these recipes are generally low in fat.