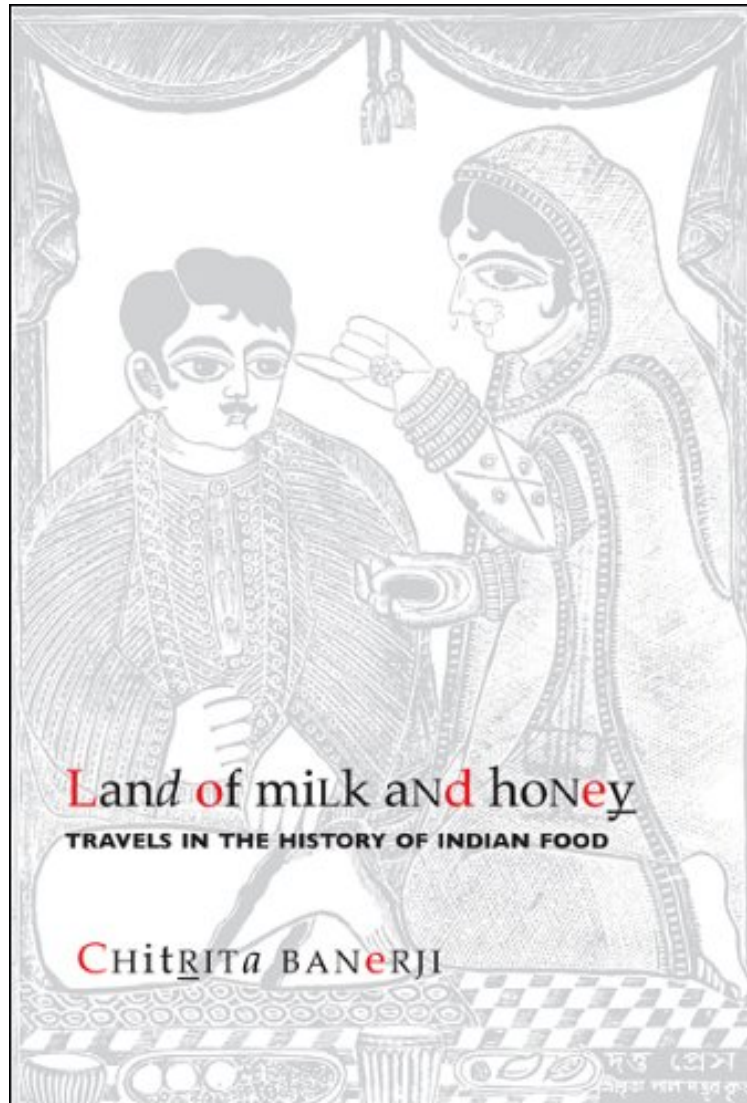


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Land of Milk and Honey: Travels in the History of Indian Food

Chitrita Banerji

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Chitrita Banerji : Land of Milk and Honey: Travels in the History of Indian Food before purchasing it in order to gauge whether or not it would be worth my time, and all praised Land of Milk and Honey: Travels in the History of Indian Food:

A culture as ancient as India's, as layered and as plural, inevitably rejoices in a fascinatingly rich history of food, feeding and eating. The most ancient scriptures prescribe and proscribe on the subject, life cycle rituals are intricately

bound up with it, and the symbolism of food is part of everyday life. *Land of Milk and Honey* tells the stories of India's food. Rich in detail and discovery, the essays included here range from the rituals of propitiatory meals - from feeding the gods, the priest, the son-in-law or the dead - to the historic symbolism of milk, and from the probable 15th Century Portuguese origins of the traditional sweets of Bengal to the intricate variety of art connected with food and ritual.

About the Author Chitrita Banerji is the author of *Life and Food in Bengal*, *Bengali Cooking: Seasons and Festivals* and *Feeding The Gods*.