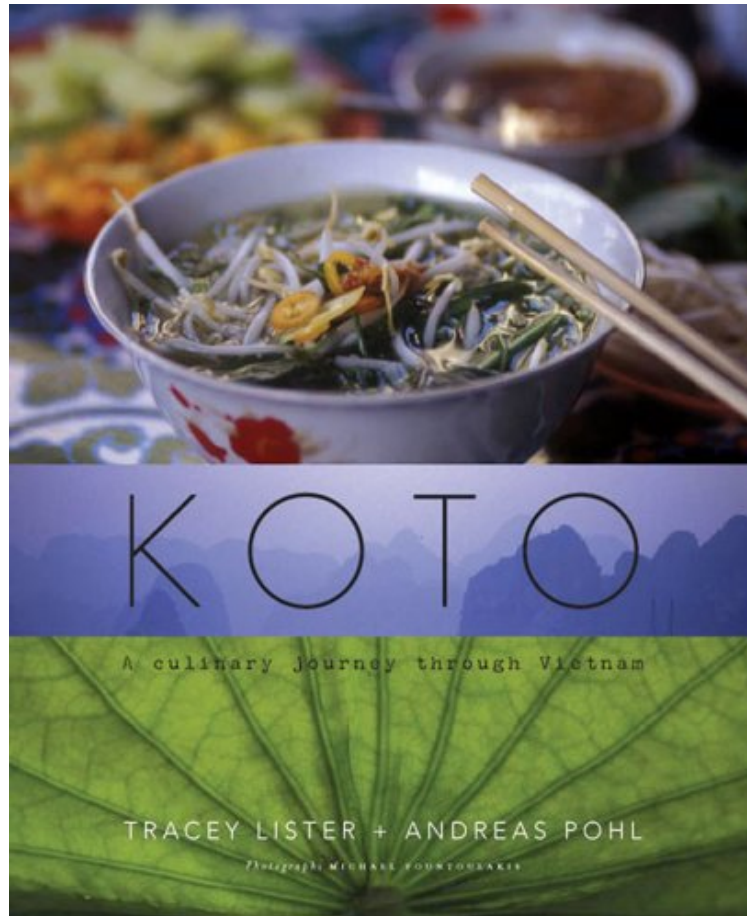


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0 of 0 people found the following review helpful. Five Stars By Sara A. A great book that contains recipes and stories of the people and country of Vietnam. 1 of 1 people found the following review helpful. Koto: A culinary journey through Vietnam. By Wendy Excellent and authentic recipes. This is a great companion book to Vietnamese Street Food by the same author. If you get a chance to visit Hanoi, take the opportunity to attend Tracey Lister's Hanoi Cooking School.

Arranged by region, this engaging cookbook weaves personal stories and national history with a culinary appreciation of the markets, traditions, and food of daily life in Vietnam. More than 80 delicious and authentic recipes are included, ranging from Coconut Prawns to Chicken and Lotus Seed Broth. Featuring stunning food photography as well as images of the Vietnamese countryside and people, this is a gorgeous reference perfect for the home cook and armchair

traveler alike.

From Publishers Weekly Fans of Vietnamese cuisine will flock to this stunningly beautiful paean to the food, culture, and history of this diverse land. Part cookbook, part travel guide, readers voyage with the authors as they tour the seven main regions, from Hanoi through Ho Chi Minh City to the Mekong Delta. Recipes are divided by region, from the north (fried sticky rice) and the center (squid filled with pork and noodles) to the coast (lemongrass tofu) and the central highlands (ginger chicken). In addition to gorgeous mouth-watering pictures of many of the dishes highlighted in the book, the reader is able to soak up more of the culture through the breathtakingly beautiful photos of local residents as they go about their daily lives. A useful section on the Vietnamese pantry helps demystify the unknown. This delightful and striking book will hold great appeal for home cooks and armchair travelers alike. (Dec.) Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "The simplicity of some of the dishes mean they can be taken into daily cooking by virtue of the taste they deliver for the small amount of time they take to cook."nbsp; mdash;The Independent Weekly