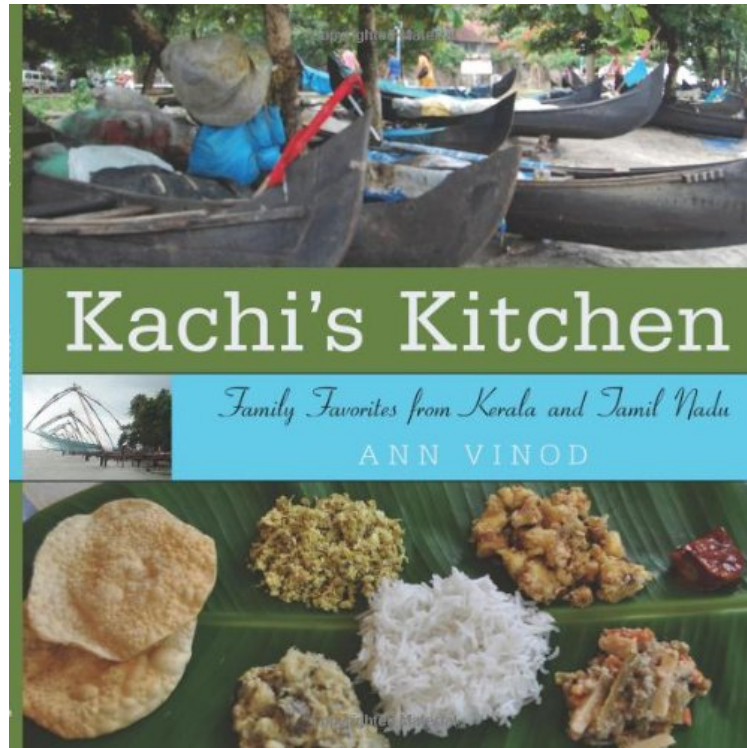


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Kachi's Kitchen: Family Favorites from Kerala and Tamil Nadu

Ann Vinod

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Ann Vinod : Kachi's Kitchen: Family Favorites from Kerala and Tamil Nadu before purchasing it in order to gage whether or not it would be worth my time, and all praised Kachi's Kitchen: Family Favorites from Kerala and Tamil Nadu:

0 of 0 people found the following review helpful. Five StarsBy CustomerExcellent cook book but price is high for a paperPack edition . Bala at SA tx2 of 2 people found the following review helpful. Comfort Food at It's BestBy Malayalee GirlI got this book because I have been looking for an authentic South Indian (especially Kerala) cookbook. Ann Vinod's Kachi's Kitchen is a delightful collection of mouth-watering recipes from Kerala and Tamil Nadu states of India. I love the way the book is organized with pictures of all major ingredients with their names in English, Malayalam and Tamil. This is authentic home cooking at its best! I have been trying many of the recipes like Olan, Ishtu, Semiya Payasam, Pulihodarai and Sambar with excellent results - reminding me of my own mom's cooking. This is not surprising because Ann compiled these recipes from her own mother-in-law, Kachi's, everyday cooking recipes. The book is organized into sections like Snacks, Vegetables, Lentils , Chicken, etc. each section with its own table of contents making it very easy to find recipes. The recipes are well laid out and easy to follow. Ann provides menu suggestions for various meals. My favorite is the chutney section which has the recipe for Ulli Sammandhi, one of my childhood favorites. I also love the personal touch Ann adds by including several family pictures. I recommend this book to anyone who is missing mom's cooking and would like to recreate it. This book is great for novices but will not disappoint seasoned cooks either.

The cuisines of Kerala and Tamil Nadu are among the finest in all of India. The artful blend of aromatic spices and healthy ingredients makes Kachi's Kitchen a book that must be in every family's library. With flavorful, mouthwatering recipes passed down through generations, this book brings authentic recipes, unique and traditional, to your home. Ann Vinod started this book as an effort to preserve her family's heritage and found over 140 treasured recipes including Avial, Puttu and Fish Molee. Kachi's Kitchen provides delicious recipes so anyone can prepare a simple dinner or a special family feast with a South Indian flair.