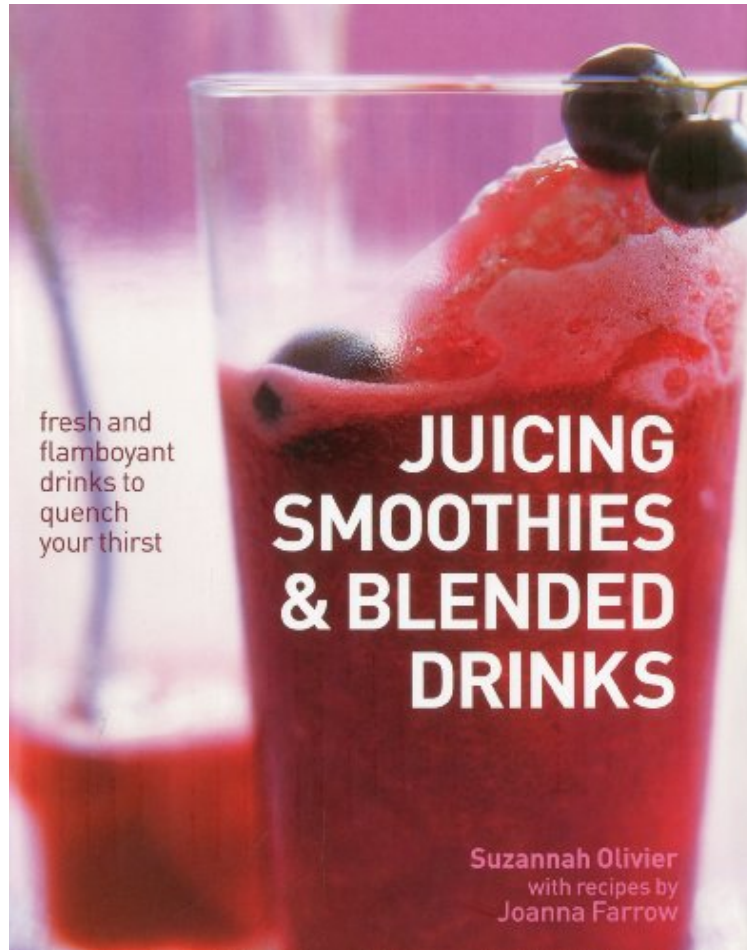


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Juicing, Smoothies, Blended Drinks

Linda Tubby

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About the AuthorSuzannah Olivier is a leading nutritionist and the author of many health books. Suzannah's published works include The Breast Cancer Prevention and Recovery Diet (Penguin); What Should I Feed My Baby

(Weidenfeld) and *101 Ways to Simplify Your Life* (Cico Books). Joanna Farrow worked as a food writer on women's magazines for several years until her first child was born. Since then, she has worked freelance, contributing articles to various magazines and writing a selection of cookbooks on subjects ranging from fish and shellfish to children's cookery, cakes and chocolate.