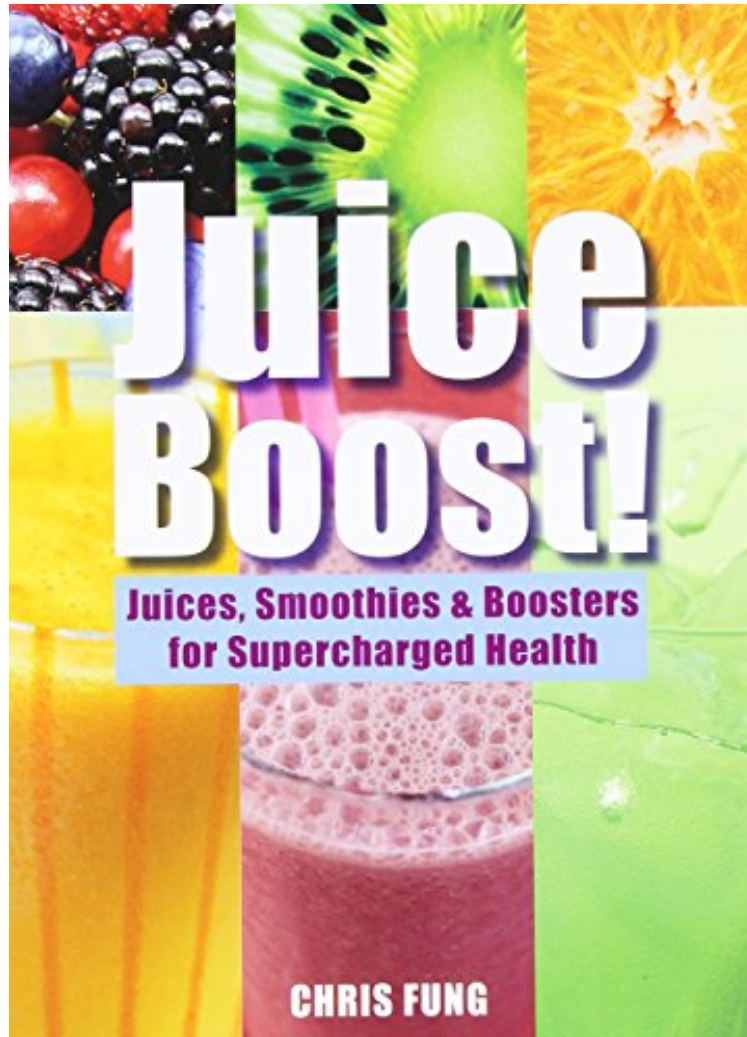


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## Juice Boost!: Juices, Smoothies Boosters for Supercharged Health

*From Duncan Baird*

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**From Duncan Baird : Juice Boost!: Juices, Smoothies Boosters for Supercharged Health** before purchasing it in order to gage whether or not it would be worth my time, and all praised Juice Boost!: Juices, Smoothies Boosters for Supercharged Health:

0 of 0 people found the following review helpful. just as printedBy sarahgreat price great conition reasonable shipping time...0 of 0 people found the following review helpful. Five StarsBy Juliana OliveiraI Loved this book. It has a lot of good info!!

More than 80 recipes for absolutely luscious juices, smoothies, and boosters make this THE must-have book for health-conscious foodies! Every one of these vitamin-packed drinks has been given a "boost"--a little extra something to

create a healthier, yummiier drink. To that end, we're serving up a range of tasty treats loaded with goodness, from the Pear and Ginger Cleanser to the antioxidant-rich Apple Berry Smoothie to the ginseng-boosted Peach Performance. There's no better or more delicious way to achieve a total health makeover.

About the AuthorThe Crussh juice bar chain is refreshingly different and amazingly passionate about what they do. Set up nearly 15 years ago, they are the UK's most popular juice, smoothie and healthy eating company. Committed to making healthy drinks and food easy and enjoyable, they use only pure, natural ingredients and add more fruit to their smoothies than any other juice bar.