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Japanese Cooking: Try it, You'll Love it

Hayashi

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Hayashi : Japanese Cooking: Try it, You'll Love it before purchasing it in order to gage whether or not it would be worth my time, and all praised Japanese Cooking: Try it, You'll Love it:

2 of 2 people found the following review helpful. Life-Changing Cookbook that Makes a Complex Cuisine ApproachableBy BroderWriterIf it can be said that any cookbook changed my life, this would be the one. Probably every foodie has one--maybe it was Enchanted Broccoli Forest during our college granola days, or it was Joy of Cooking during our gourmet wannabe days. For me, it was this superb introduction to authentic Japanese cooking while I was living in Japan in the 80s. There I was, surrounded by perhaps the best cuisine on Earth (the Japanese do everything related to food beautifully), with an exotic assortment of ingredients available everywhere I looked, and no information about what the foodstuffs were, much less how to prepare them--in ENGLISH. Once I bought Keiko Hayashi's approachable, delightful, "Japanese cooking for dummies" style book, I found myself able to make a few basic dishes--easily--that I was proud of--and that not only got me started but that kept me going through my five years in Japan. I ate better, I felt happier about living there--it helped me adjust.Now, two decades later, back in the US, I find that I have absorbed many of the recipes in this book as normal dishes into my repertoire--and am somewhat of a legend (in my own neighborhood, anyway) for having the knowledge to make such dishes (Eggplant Inaka-ni, anyone?). I'm on my second copy of the book, and was saddened to learn that it's out of print. One of these days, I simply must write the author to tell her how much she has influenced my life culinarily. And maybe the publisher to

ask them to re-issue this unique and brilliant cookbook that makes a complex cuisine approachable.