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Laure KiEacute;

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Laure KiEacute; : **Japan: Japanese Cuisine for Beginners** before purchasing it in order to gage whether or not it would be worth my time, and all praised Japan: Japanese Cuisine for Beginners:

In the past decades, Japanese food has become part of the global culinary scene: sushi, maki, miso soup, teriyaki and tofu have found their way to our plates and palates. Japanese cooking not only harmoniously combines flavors and aesthetics, it is also praised for its nutritional and health benefits. This book introduces readers to the essence of Japanese cuisine: what are the basic ingredients and utensils? Which basic recipes need one know to cook Japanese style? Why is rice so important that the word "gohan" (rice) also means "meal"? More than one hundred recipes of traditional yet simple Japanese dishes are explained step-by-step with tips and variants. Beautiful photographs of

soups, noodles, sushi, meat, fish, seafood, vegetables and deserts (chocolate tofu mousse, matcha tart with almonds and lemon, to name but a few) take you on a tour of Japanese culinary culture.

About the Author Paris-based Laure Kirie was born in Tokyo to a Japanese mother and a French father. Since her early years, she has been familiar with the traditions and secrets of Japanese cuisine thanks to frequent stays in her mother's country. She shares the countless facets of Japanese culinary art in cooking classes.