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# It's Hot! Cajun and Thai Sledgehammer Cuisines: Herbs, Spices, Sauces, Recipes

*Douglas Harrison, Lowell Barton*  
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# It's Hot!



**Cajun and Thai Sledgehammer Cuisines**  
**Herbs . Spices . Sauces . Recipes**

**Douglas Harrison and Lowell Barton**

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**Douglas Harrison, Lowell Barton : It's Hot! Cajun and Thai Sledgehammer Cuisines: Herbs, Spices, Sauces, Recipes** before purchasing it in order to gauge whether or not it would be worth my time, and all praised It's Hot! Cajun and Thai Sledgehammer Cuisines: Herbs, Spices, Sauces, Recipes:

It's Hot represents two cuisines that are generally thought of as spicy, or hot. A second meaning is that the two cuisines are the fastest growing restaurant theme openings in the world today, "New Orleans" and "Thai". Surprisingly they

both rely on many of the same herbs and spices for their distinctive tastes, but with little comparison in taste. This book explores the history of the two cultures and spices and herbs through the centuries. Descriptions and illustrations of the herbs and recipes are numerous.

About the Author Douglas Harrison was born in 1952 in New Orleans just down the street from Pascal's Manale Restaurant and Bar. He attended Louisiana State University for two years until the big bucks of the oil rigs on the Gulf of Mexico lured him away from higher education. Later, yielding to his travel dreams, he became a high-pressure oil and gas pipeline welder and worked the oil fields of Saudi Arabia, The North Sea, Singapore, Indonesia and Malaysia. He came to Thailand in 1986 on holiday and stayed. He opened his first restaurant, the award winning Bourbon Street Bar and Restaurant, in Bangkok in September of 1986. It has been named one of the world's best ten bars by Newsweek magazine. Bourbon Street has been featured in USA Today and many southeastern Asian food magazines. His second venture, The Courtyard Restaurant, was opened in 2003. Lowell Barton has been a writer living in Southeast Asia since 1995. After a long career in the telecommunications business, he has lived and worked in sixty countries as a technical consultant before coming to Thailand.