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*Sri Owen*

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**Sri Owen : Indonesian Regional Food and Cookery** before purchasing it in order to gage whether or not it would be worth my time, and all praised Indonesian Regional Food and Cookery:

0 of 0 people found the following review helpful. some good tips and recipes.By Stroker DonThe recipes I've tried so far taste much like I remember from our family dinners, Dutch/Indo socials and pot luck gatherings. The tastes and aromas are heavenly and inspire me to want to try more. I am pleased so far. It could use a few photos.0 of 0 people found the following review helpful. Very happy with my purchaseBy BooksaloneI collect Indonesian cookbooks and was not disappointed by this one. Book is in excellent condition and arrived promptly.0 of 1 people found the following review helpful. Five StarsBy M.J.BoermanDelightful cookery

This book presents traditional Indonesian dishes in a way that will appeal to modern cooks everywhere. Indonesia, the world's fourth largest nation, is developing fast. Most of its people live better and eat better than they did when Sri Owen was growing up there in the aftermath of war and revolution. Its climate and soils produce as abundantly as ever. But the rush to the cities, and to Western habits of life, has endangered many of the old ways. Some of the best and subtlest of Indonesia's regional cuisines are threatened by the pressures of modernity. This is a representative collection of the best dishes, past and present, from the principal areas of this vast country. Whatever the region, the distinctive staples of Indonesian food prevail - rice, fish, chilli peppers, coconut and spices - yet subtle differences become evident as we explore the culinary delights of Sumatra, Bali, Kalimantan, Maluku, Java and the capital city,

Jakarta. Virtually all the ingredients mentioned can be bought in most countries, and substitutes are recommended for those that are hard to find. Equipment and techniques are well within the range of even a novice cook. Sri Owen's range, however, extends beyond the adaptation of old recipes to new kitchens. She describes food habits against their background of daily life and changing custom. This book aims not only to describe Indonesian food but to demonstrate that, cooked and served as it should be, it is amongst the best in the world.

About the Author Sri Owen is a highly respected cook, a popular lecturer and the author of several award-winning cookbooks, including *Indonesian Regional Food and Cookery*, which was awarded the Langhe Ceretto Prize for the best recipe book and was shortlisted for a Julia Child Award. She lives in London.