

[Library ebook] Indian vegetarian cooking

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Louise Steele

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Louise Steele : Indian vegetarian cooking before purchasing it in order to gage whether or not it would be worth my time, and all praised Indian vegetarian cooking:

0 of 1 people found the following review helpful. Four StarsBy Dorothy L.Very good pictures

This mouthwatering recipe collection has something to suit everyone, from milk and fragrant dishes, such as Eggplant in Saffron, medium spicy ones, such as Vegetable Koftas or Vegetable Curry, or just nicely spicy, such as Lentil Vegetable Biryani. Desserts are not forgotten either, with delicious treats such as Mango Ice-cream and Sweet Carrot Halva. All are easy to make, whether you are looking for a nutritious snack, a substantial family meal, or something special for entertaining. If you are new to Indian cooking, the helpful section at the end has all the information you need on spices and other ingredients used in this book - all easily available now in supermarkets. The stunning photographs of each dish make it easy to visualize what it should look like, and the helpful step-by-step illustrations take you through the recipes with the minimum of effort. Altogether this book is a joy to use.