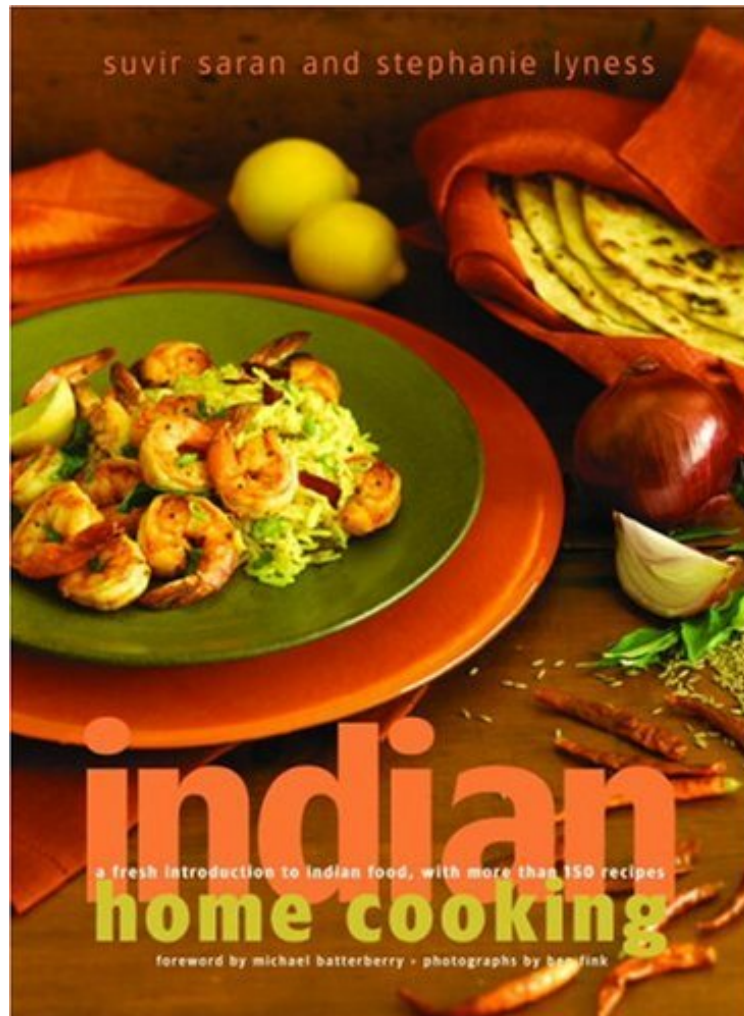


[Ebook free] Indian Home Cooking: A Fresh Introduction to Indian Food, with More Than 150 Recipes

Indian Home Cooking: A Fresh Introduction to Indian Food, with More Than 150 Recipes

Suvir Saran, Stephanie Lyness

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Suvir Saran, Stephanie Lyness : Indian Home Cooking: A Fresh Introduction to Indian Food, with More Than 150 Recipes before purchasing it in order to gauge whether or not it would be worth my time, and all praised Indian Home Cooking: A Fresh Introduction to Indian Food, with More Than 150 Recipes:

With its exotic aromas and complex flavors, Indian cuisine is one of the world's best. It's no wonder that so many people adore it--and also no surprise that it could seem daunting to cook Indian food at home. Now, acclaimed chef and cooking teacher Suvir Saran cuts out the fuss, sharing casual, home-style Indian dishes that are perfect for

everyday cooking. Indian Home Cooking is a celebration of the food Indians cook in American kitchens today, using ingredients found in most supermarkets. With streamlined techniques and intense, authentic flavors, Indian Home Cooking heralds a new generation of Indian cookbooks. From slow-simmered curries with layered flavors to quickly sautéed dishes, these approachable recipes explore the wide world of Indian cuisine, including:

- *Irresistible snacks and appetizers, such as Puff Pastry Samosas with Green Peas, and Spinach-Potato Patties*
- *Seductively spiced lentil dals, from the North Indian classic flavored with whole cinnamon, cardamom, and cloves to a Southern Indian version with dried red chilies, mustard seeds, and curry leaves*
- *Aromatic meat and seafood curries, like Coconut Chicken with Cashews and spicy Goan Shrimp Balchao*
- *An incredible range of vegetable dishes, including Stir-Fried Green Beans with Cumin, and Cauliflower with Sautéed Green Peppers, Tomato, and Yogurt*
- *Easy, colorful chutneys and pickles to fill your pantry

Filled with gorgeous photographs, fresh flavors, and practical advice, Indian Home Cooking is an illuminating guide to real Indian food.