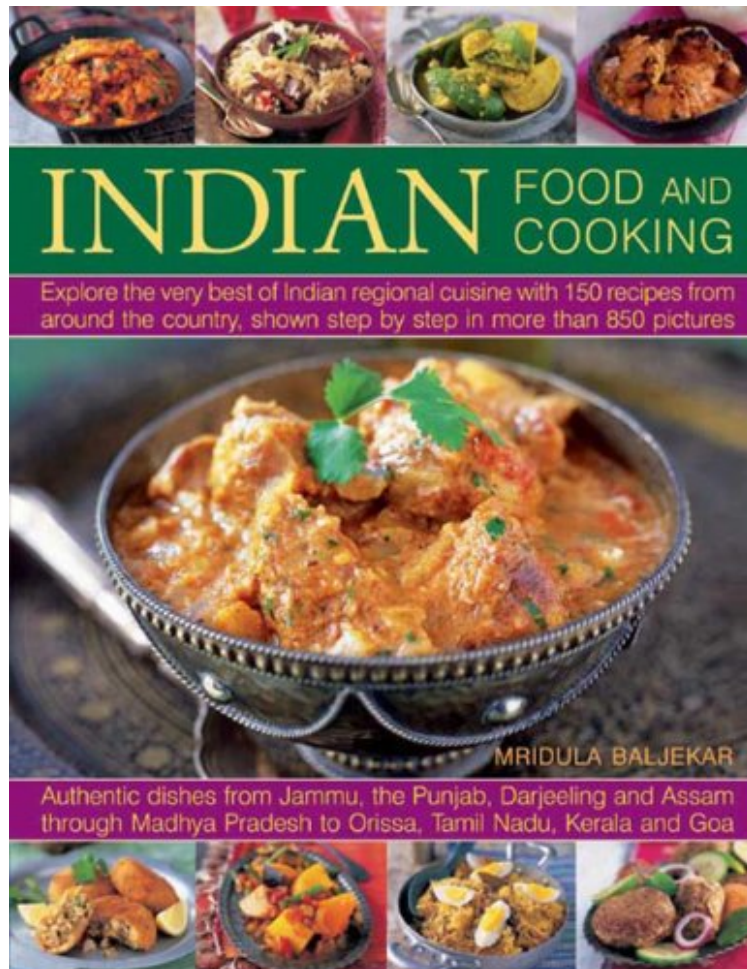


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About the AuthorMridula Baljekar, best-selling author of many cookbooks, was born in north-east India. In England she turned her passion for cooking into a highly successful career, where she has presented her own TV series and has appeared on Channel 4, BBC2, UKTV Food and Sky One.