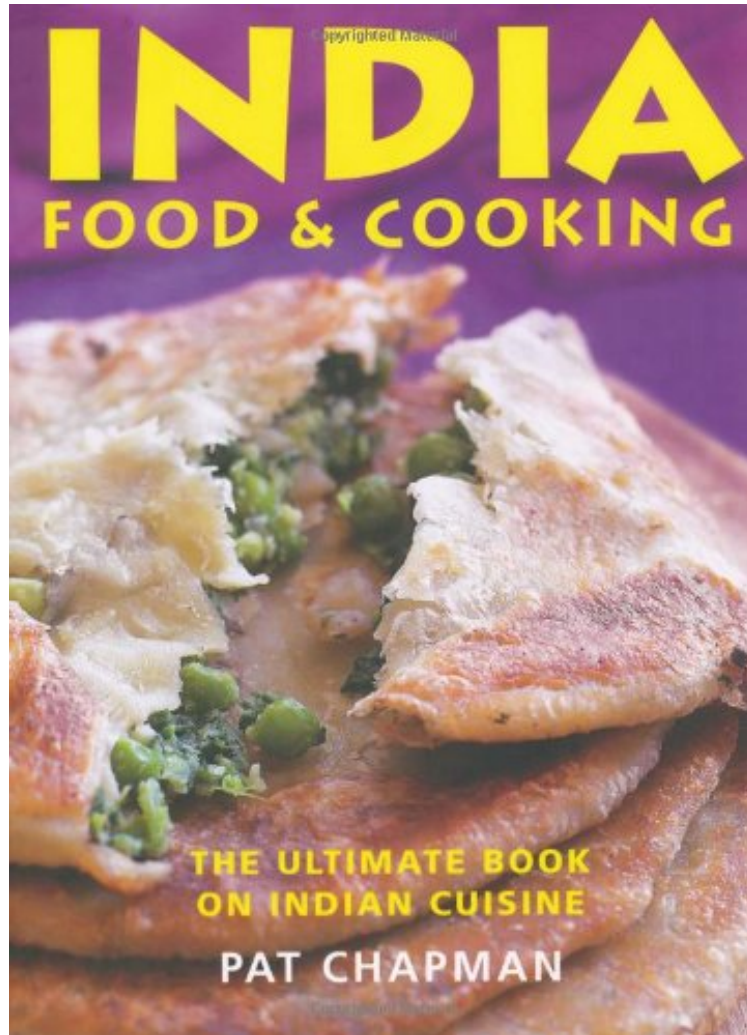


(Download pdf) India: The Ultimate Book on Indian Cuisine - Food and Cooking

India: The Ultimate Book on Indian Cuisine - Food and Cooking

Pat Chapman

*ePub | *DOC | audiobook | ebooks | Download PDF*



DOWNLOAD



READ ONLINE

#6521879 in Books 2009-09-01 Original language: English PDF # 1 10.28 x .75 x 7.60l, 1.10 #File Name: 1847735657256 pages | File size: 36.Mb

Pat Chapman : India: The Ultimate Book on Indian Cuisine - Food and Cooking before purchasing it in order to gauge whether or not it would be worth my time, and all praised India: The Ultimate Book on Indian Cuisine - Food and Cooking:

Indian food is the world's most ancient cuisine and it is unique in its remarkable use of spices. Each region uses these spices in its own way, resulting in a wonderfully distinctive range of local dishes. The traditional recipes have been handed down by word of mouth from family to family and are still a major part of the cuisine of India but in the last three decades, India has awakened to the wonders of her own food. Part of Pat Chapman's book traces the evolution of

Indian cuisine and describes the culinary characteristics of the different regions; Part 2 is an in-depth coverage of the utensils, spices, herbs and other ingredients used, as well as basic recipes and preparations common to the cuisine. Finally, Part 3 contains 200 recipes taken from all the regions. The recipes consist of best-known regional dishes as well as the most modern innovations and include everything from snacks and street food to meat, fish and vegetable main courses, rice and dals, chutneys, pickles and desserts. This beautifully designed, substantial book will give the reader fascinating background detail to an immensely varied sub-continent, as well as a peerless collection of delicious recipes.

About the Author Pat Chapman is Britain's foremost expert on curry and spicy foods. He started the 'Curry Club' over 20 years ago and now has a membership of 15,000; he has appeared on numerous TV programmes and his 28 books have sold over one million copies.