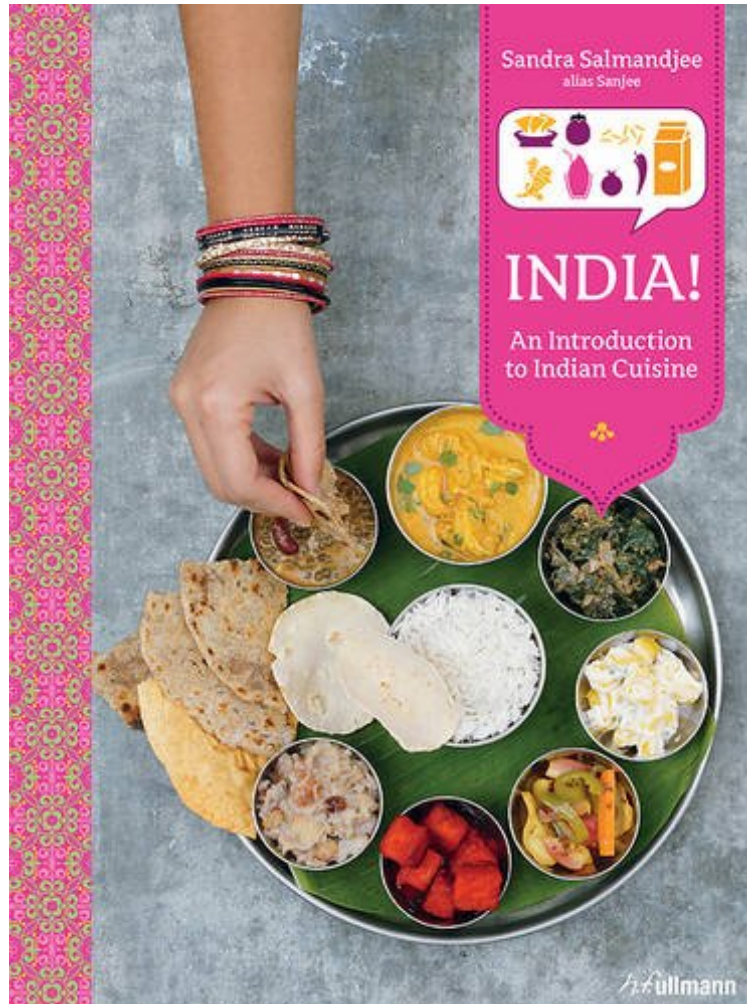


India!: Recipes from the Bollywood Kitchen

Sandra Salmandjee

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Sandra Salmandjee : India!: Recipes from the Bollywood Kitchen before purchasing it in order to gage whether or not it would be worth my time, and all praised India!: Recipes from the Bollywood Kitchen:

This cookbook is as colorful as the Indian culture itself and offers a variety of basic Indian recipes: from spicy dals and exotic curries to delicious tandoories. Food blogger Sandra Salmandjee presents more than sixty authentic Indian dishes that take you on a culinary journey through the Indian subcontinent. Numerous recipes with meat and fish, rice and lentils, as well as different kinds of vegetables will add just the right portion of spice onto your plate. The first couple of chapters present a short introduction to all the utensils and ingredients you will need. When taking your first steps in Indian cooking, there are a few recipes that should be mastered. Rice is of course the cornerstone of any

Indian feast. After quickly learning the baby steps, you are ready for the spices. According to the author, anywhere between two and five spices are often used in one dish. From curry, garlic, and ginger pastes, to paneer cheese, you will find each creation clearly described. Comparing an Indian meal with a Western one is difficult, as the concept of starter-main-dessert does not really exist in India. Hence, the further chapters deal with snacking, meat and fish, rice and lentils, vegetarian dishes and desserts and drinks. Whether it is lamb kebabs with ginger and cilantro you are after, or a potato, cauliflower, and pea curry, there is something for every taste and occasion. With easy to follow steps and enticing photos, this beautiful book is perfect for anyone yearning for a gourmet journey to discover the very best Indian recipes.

Tara's Multicultural Table 12/14/2016 "This book is a great pick for those looking for an introduction to Indian cooking. Nearly 40 percent of the population in India is vegetarian, roughly 480 million people, and India! reflects that with plenty of vegetarian options"