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I Can Cook: Vegetarian (Volume 8)

Marika Germanis

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Marika Germanis : I Can Cook: Vegetarian (Volume 8) before purchasing it in order to gage whether or not it would be worth my time, and all praised I Can Cook: Vegetarian (Volume 8):

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A Children's Simple Cook Book with simple step by step instructions. A beginners cook book ideal for your children who will instantly learn to make these simple delicious Vegetarian recipes with adult guidance and supervision. In NO time your children will be making these delicious fun filled recipes and more just like my grand daughter "Imsi" did. Enjoy your time cooking and bonding with your children.

About the AuthorBorn in Zimbabwe, Africa I was fortunate and privileged enough to have had several years of cooking with my granddaughter Imogen who enjoyed cooking. Before she could even stand she was stirring pots from my arms. I take pleasure in writing these books for "Imsi" in memory of our early years together. We spent many enjoyable hours in the kitchen and I have no doubt she will one day be a Great Cook. We came from Africa where fresh healthy locally grown fruits, vegetables and meats were readily available grown and ripened in the natural unspoiled gardens and farms with a large percentage of organic growing and production.