

How to Cook and Eat in Chinese

Buwei Yang Chao

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Buwei Yang Chao : How to Cook and Eat in Chinese before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Cook and Eat in Chinese:

2 of 2 people found the following review helpful. ChaoBy George W. MeadA charming book; long out of print. Used book was in good condition. Recommended by Epstein in his book: "Eating." He published this edition and is rightfully proud of it.10 of 10 people found the following review helpful. Delicious Simple Food, Great Insight, Clever WritingBy vintnerThis is by far the best Chinese cook book, still. The recipes are extremely simple and delicious, real home cooking. You just add your knowledge of additional vegetables which have become available since 1963. Along with the recipes comes deep insight into "how to eat in Chinese", and you will understand a great deal more about Chinese meals and Chinese restaurant etiquette after absorbing what Mrs. Chao has to say. The author was the wife of Yuen Ren Chao, the legendary professor of linguistics and mathematics at Berkeley noted for such feats as translating Lewis Carroll's "Jabberwocky" into Chinese, who contributes wry footnotes to the cookbook; the linguistic banter at the Chao dinner table must have been fabulous.

Book contains a foreword by Hu Shih, and a preface by Pearl S. Buck. Chapters include eating and cooking materials, all types of meats and seafood, eggs, vegetables, soups, pots, sweet things, rice, noodles, pastry, and notes on tea.