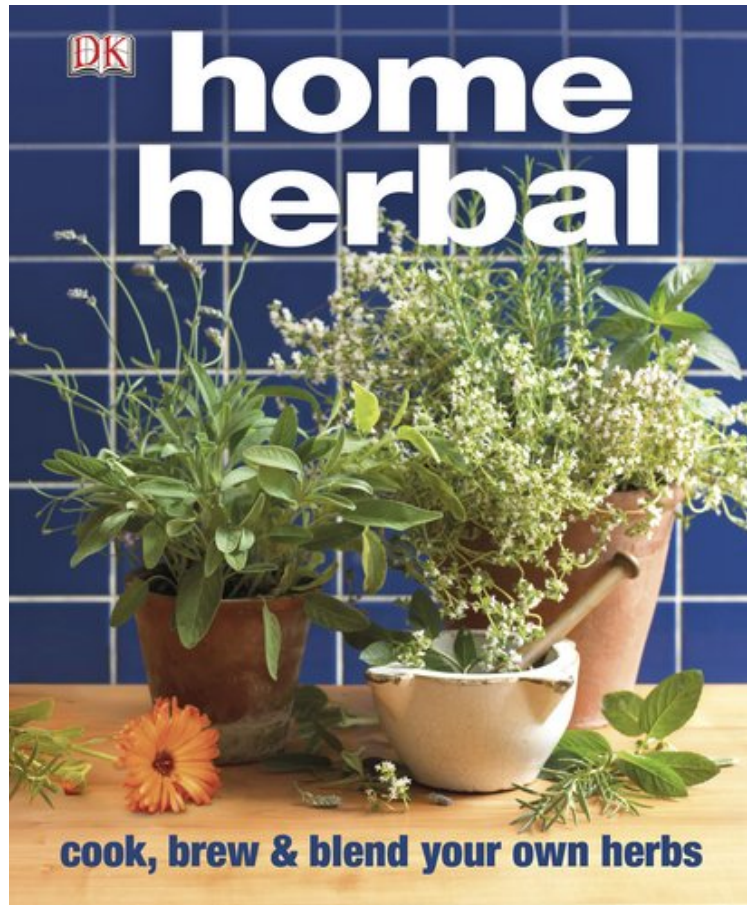


Home Herbal: The Ultimate Guide to Cooking, Brewing, and Blending Your Own Herbs

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Recommending herbs for both well-being and minor ailments, *Home Herbal: The Ultimate Guide to Cooking, Brewing, and Blending Your Own Herbs* offers a wealth of practical advice on the medicinal, cleaning, and consumptive uses of herbs. Featuring an A-Z directory of 100 key herbs, with information on how to grow, harvest, prepare, and use them, *Home Herbal: The Ultimate Guide to Cooking, Brewing, and Blending Your Own Herbs* emphasizes what anyone can achieve in their garden and kitchen.