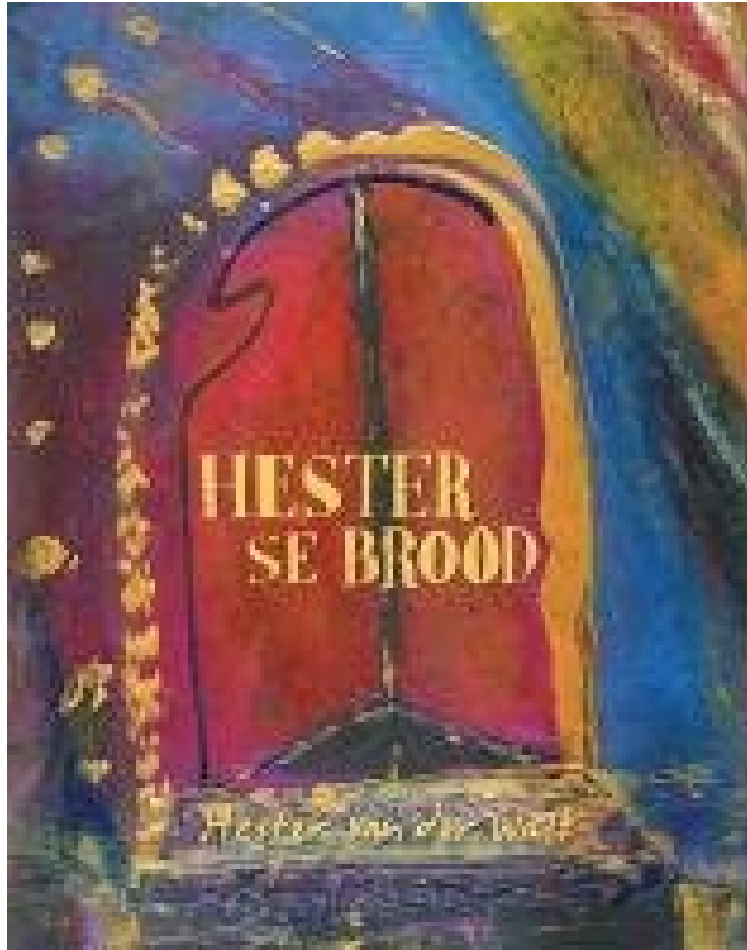


Hester se Brood

Hester van der Walt

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#9549354 in Books 2009-12-29Original language:AfrikaansPDF # 1 9.25 x .41 x 7.52l, .75 #File Name: 098027298X194 pages | File size: 52.Mb

Hester van der Walt : Hester se Brood before purchasing it in order to gage whether or not it would be worth my time, and all praised Hester se Brood:

0 of 0 people found the following review helpful. I do like the look of it though and as it came ...By Ms Ruchira SpongUnfortunately I thought I had ordered the English edition of this book (that's what was said on my order) but it arrived in Afrikaans and I am unable to use it. I do like the look of it though and as it came highly recommended I'm sure it's very good. If you're going to order it ensure that it is in the language of your choice.

Hester se Brood is set in a small town in the Little Karoo, where Hester van der Walt bakes bread in a woodfired oven for the local market in MacGregor. The book is inhabited by the spirit of the poets C. Louis Leipoldt and Martin Versfeld, as Hester van der Walt has the same deep rooted, intuitive connection between food and soul, especially food that is prepared with traditional ingredients and methods. Along with generous portions of soul food comes a down to earth delicious recipes that show you how to bake classic European breads, like ciabatta, focaccia, kitke and

baguettes as well as good old-fashioned sourdough breads. Van der Walt's fine sense of humour, and her valuing of the magic interplay between fire and wood, grain and salt, water and yeast and time - the basics elements necessary for baking real bread, makes this book as irresistible as the savour of freshly baked bread, as it comes out of the oven.