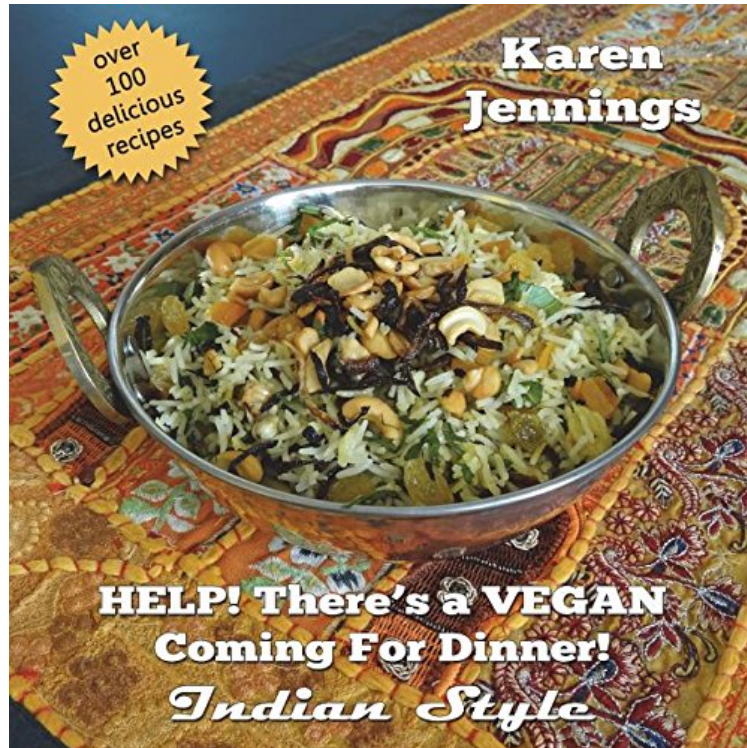


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HELP! There's a VEGAN Coming For Dinner! Indian Style

Karen Jennings

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In HELP! There's a VEGAN Coming For Dinner! INDIAN STYLE you will find delicious meat-free, dairy-free, egg-free recipes for everything from appetizers to desserts. Go on an adventure in taste, colour and texture as you cook up creamy delights such as yellow split pea dhal or korma with cashew cream. Alternatively, spice up your life with vindaloo or madras curries. Serve with home-made bread and chutneys, followed by sweet treats including Indian fudge or chai ice cream. Each of the tasty vegan dishes is accompanied by a colour photograph and clear instructions. Most of the recipes are naturally gluten-free, but alternative ingredients are suggested where appropriate.