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Healthy Smoothie Recipes: Delicious Smoothie Recipes for Weight Loss

Hannie P. Scott

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Hannie P. Scott : Healthy Smoothie Recipes: Delicious Smoothie Recipes for Weight Loss before purchasing it in order to gage whether or not it would be worth my time, and all praised Healthy Smoothie Recipes: Delicious Smoothie Recipes for Weight Loss:

HEALTHY SMOOTHIE RECIPES-----> Delicious Smoothie Recipes for Weight LossAre you looking for some delicious smoothie recipes to lose weight? This simple and easy recipe book has step-by-step smoothie recipes that will allow you to enjoy tasty smoothies and lose weight! You will impress your friends and family with these delicious recipes. These recipes are **SO SIMPLE!** Before long you'll have everyone asking for more. With a nice variety of delicious smoothie recipes, you can please everyone (even the picky eaters)! This book includes recipes for:-Fruit Smoothies-Green Smoothies-Chocolate Smoothies-Peanut Butter Smoothies-AND MORE! Hannie P. Scott is a best-selling author that knows a thing or two about cooking! Cooking and experimenting with foods is her life passion. Driven by her desire for cooking for others (and herself), Hannie spends a lot of time in the kitchen! She enjoys sharing her love of food with the world by creating "no-nonsense" recipe books that anyone can use.