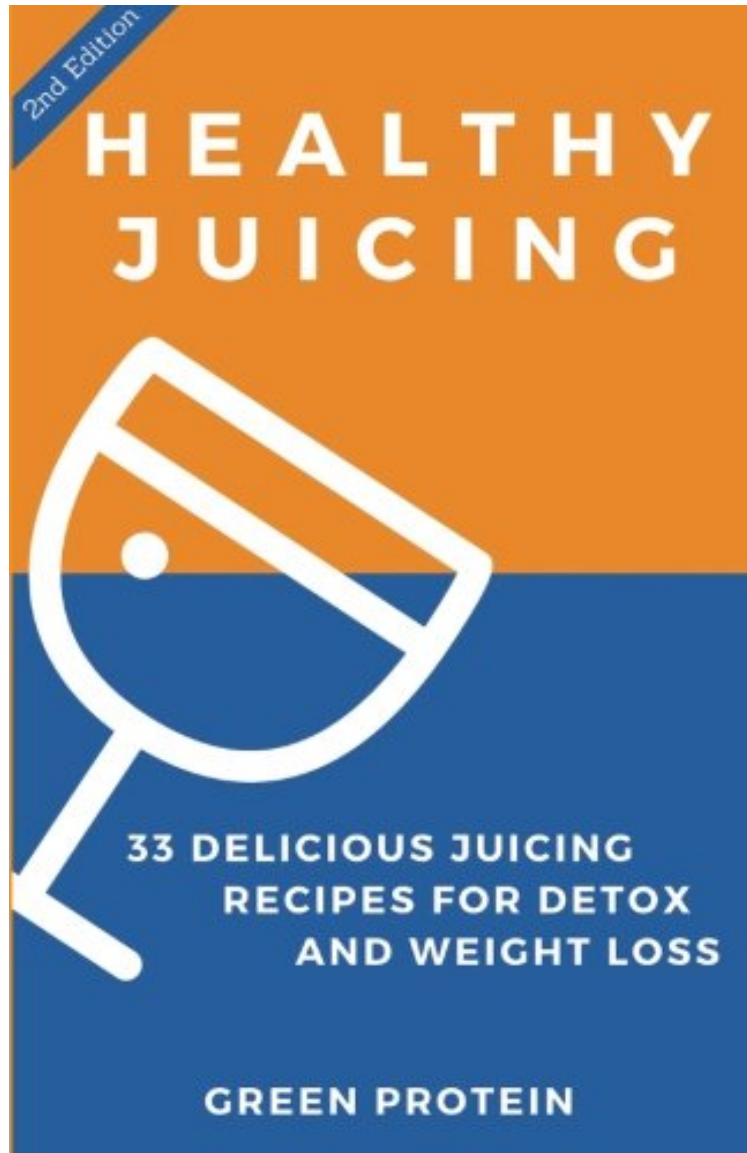


(Free) Healthy Juicing: 33 Delicious Juicing Recipes For Detox and Weight Loss

Healthy Juicing: 33 Delicious Juicing Recipes For Detox and Weight Loss

Green Protein

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Make your Weight-Loss journey more refreshing NOW! We all know that fruits and vegetables are an essential part of our weight-loss journey, but the truth is there will always be some vegetables or fruits that you don't like. In addition, sometime those fruits or vegetables that we dislike are often the ones that contains the most useful nutrients. But, here is my favorite saying "if you don't like it, juice it"; Delicious recipes are cool, but what's better is having a nice refreshing drink along with your healthy meal. In this book, you will be introduce to 33 different refreshing juicing recipes that can be incorporate into your healthy lifestyle and to further assist you on your healthy journey I have included the nutritional values of each recipe. With these information you will have a far clear idea of what you are consuming. Lastly, as a writer the part I enjoy the most when putting this together is naming my recipes. Behold, because this book will have some of the coolest name that you have yet to see in a recipe book.