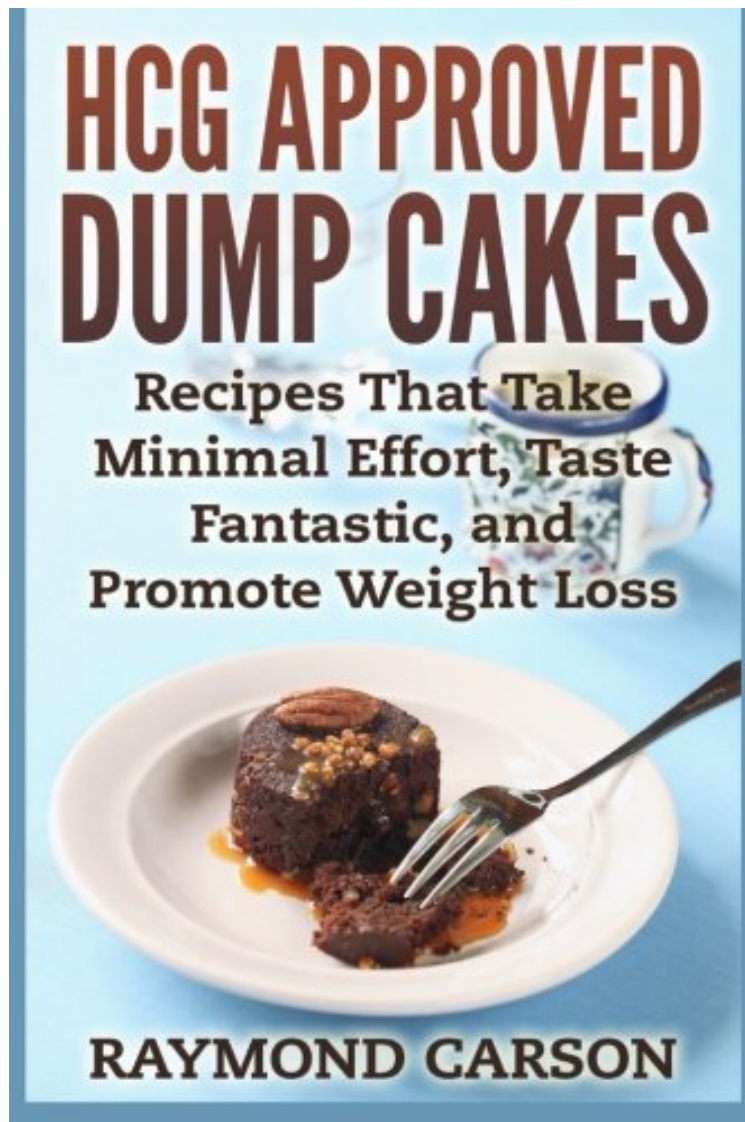


[E-BOOK] HCG Approved Dump Cakes: Recipes That Take Minimal Effort, Taste Fantastic, and Promote Weight Loss

HCG Approved Dump Cakes: Recipes That Take Minimal Effort, Taste Fantastic, and Promote Weight Loss

Raymond Carson

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Raymond Carson : HCG Approved Dump Cakes: Recipes That Take Minimal Effort, Taste Fantastic, and Promote Weight Loss before purchasing it in order to gage whether or not it would be worth my time, and all praised HCG Approved Dump Cakes: Recipes That Take Minimal Effort, Taste Fantastic, and Promote Weight Loss:

2 of 2 people found the following review helpful. False advertisingBy reallyjillyI agree with the previous reviewer.

This is fraud. The cost is too minimal to fight it, but this has nothing to do with HCG diet. Mostly contains recipes that start with a standard cake mix. Anyone familiar with the HCG diet can figure out that one, but unfortunately you have to buy it to find that out. Buyer beware! This is false advertising. 1 of 1 people found the following review helpful. Not all that HCG friendly in my opinion. By Suntan21Ok book! 0 of 1 people found the following review helpful. Four Stars By Lady Bird Pretty interesting book with pretty good receipes. It is a small book though.

Anybody Want Effortless, Mistake Proof HCG Approved Homemade Cakes? If you have never heard of a Dump Cake, you are in for a real treat.. Pun intended. If yoursquo;re like me, you are not one of those expert chefs you see on TV cooking shows. Most days, I prefer to only do the basics when it comes to cooking. So when someone told me about DUMP CAKES, I was all in. I mean, all I had to do was dump a few canned fruits, nuts and a cake mix along with a few other ingredients in layers in a cooking dish and it was good to go to the oven. Many of the recipes are gluten free and sugar free and I could even eat them on my HCG program. Inside you will find my all time Quick and Easy Dump Cake favorites ... ENJOY!!