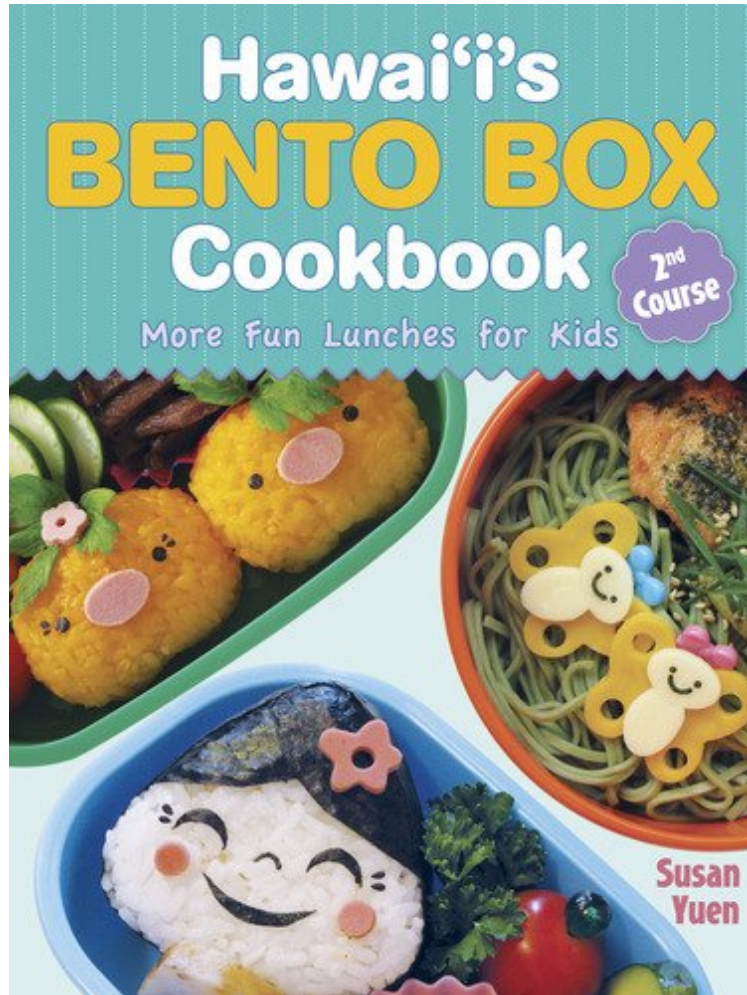


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Hawaii's Bento Box Cookbook: 2nd Course

Susan Yuen

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Susan Yuen : Hawaii's Bento Box Cookbook: 2nd Course before purchasing it in order to gage whether or not it would be worth my time, and all praised Hawaii's Bento Box Cookbook: 2nd Course:

11 of 11 people found the following review helpful. Hawaii's Bento Box Cookbook: 2nd CourseBy Kathryn E. FoxI just received this just a day ago, so just going to start using today, but have been going through to set up bentos to make this next week as we start getting in to our school routine here.A few recipes so you can see some of what there is (48 total)Grilled Sun-dried Tomato and Thyme ChickenMiso-Teriyaki ChickenKorean Barbecued BeefChinese-Style Corn SoupKabocha with Shiitake Mushrooms and PorkTomato HummusSesame Eggplantplus more seafood, veggie and snack selectionsWhat I like-There are over 70 bentos shown.There are full color pictures on each page of the finished bento and extra ones on the side to show special steps for cutting when needed. All of the characters are easy to make and the insructions are easily understood.Most of the ingredients are common with the exception of

furikake (already ordered 2 kinds here on and waiting to try), umeboshi, kamaboko, and fish sausage which my large super grocery doesn't carry (I live in a big city) but expect to find when I'm ready to go to the nearby oriental market. Meantime, I've been using ham and such as substitutes in other recipes and will here. I like the sandwich ideas which mainly allow you to make a sandwich of choice and then use cheese/meat cutouts to decorate the top for a cute visual when your child opens it. Includes sauce/dip/mayo recipes for sandwiches and veggies such as the tomato hummus I plan to try. The spiral binding is great! Lays completely flat on a flat surface so you don't have to prop it open as I have to do a lot :) Last, but not least, the price. The price is pretty perfect I think for the work that went into making it easy to use and with clear color photos of everything. Dislikes - I really only have one complaint and it's not serious. While the bentos includes directions for the character and what the main item is with it (recipes are in back separate from bento layout directions) there are no sidenotes on what the other items are in the box and there is room to do so. Usually it's easy to identify carrots and cucumber but once or twice I haven't been sure and a note would be great. As I said, not that important :) I am definitely glad I made the purchase and really looking forward to using this year, as are my kids as they've seen a few they like. I would definitely recommend this, especially to newer bento makers. 0 of 0 people found the following review helpful. Wonderful book!! By Vivian T73 My daughter loves the look of bentos and wanted to try making some. This is the second bento book I've bought for her and this one gives simple ideas she can make with minimum help (she's a teenager, but not that experienced with cooking). We looked over the recipes and have been discussing substitutes for some of the ingredients. She doesn't eat a few and there are some I haven't tried to find, but will be visiting a new supermarket that offers asian/oriental ingredients. What I love most about these bento recipes is that you can substitute just about any ingredient. These are not written in stone, just change out an item for something you enjoy that would compliment the meal, i.e.; don't like baloney? Use a piece of deli ham, turkey, or chicken in its place. Each recipe has a color picture, some with tips on how to make certain shapes or how to assemble pieces. Can use my everyday recipes and form them to look like the pictures. 0 of 0 people found the following review helpful. Five Stars By Cliente de Excelent !!!

Hawaii's Bento Box Cookbook 2nd Course presents a new assortment of imaginative bento and ono dishes that will make lunch a one-of-a-kind treat for even the pickiest of eaters. The bento box continues to be popular among all ages, especially kids who can enjoy some fanciful food while benefiting from a nutritious meal.