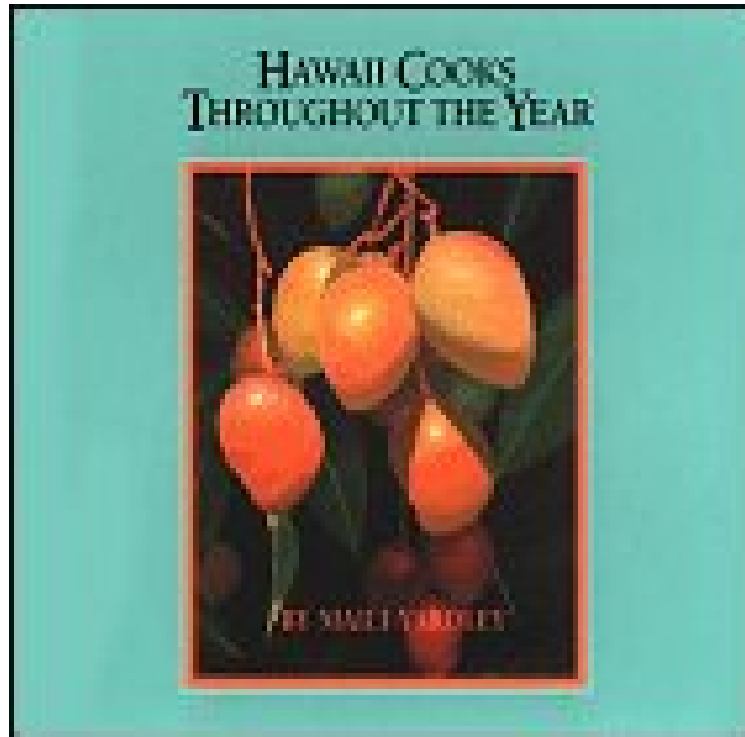


[FREE] Hawaii Cooks Throughout the Year

Hawaii Cooks Throughout the Year

Maili Yardley

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Maili Yardley, long time food columnist in The Honolulu Advertiser, gives us more than a cookbook. Hawaii Cooks Throughout the Year offers favorite local recipes seasoned with island lore. It is a calendar (twelve chapters) of cooking, telling of the seasons for popular island fruit, the Hawaiian names of your favorite fish, suggested menus for summer picnics, long weekends, and holidays. Hapa-haole in flavor, you'll find bits of Island lore seasoning the recipes you'll find so pleasant to the palate. Written for kamaainas, malihinis and neophytes in the kitchen alike, you'll enjoy the guide for Hawaiian names of popular fish and the recipes for luau favorites.