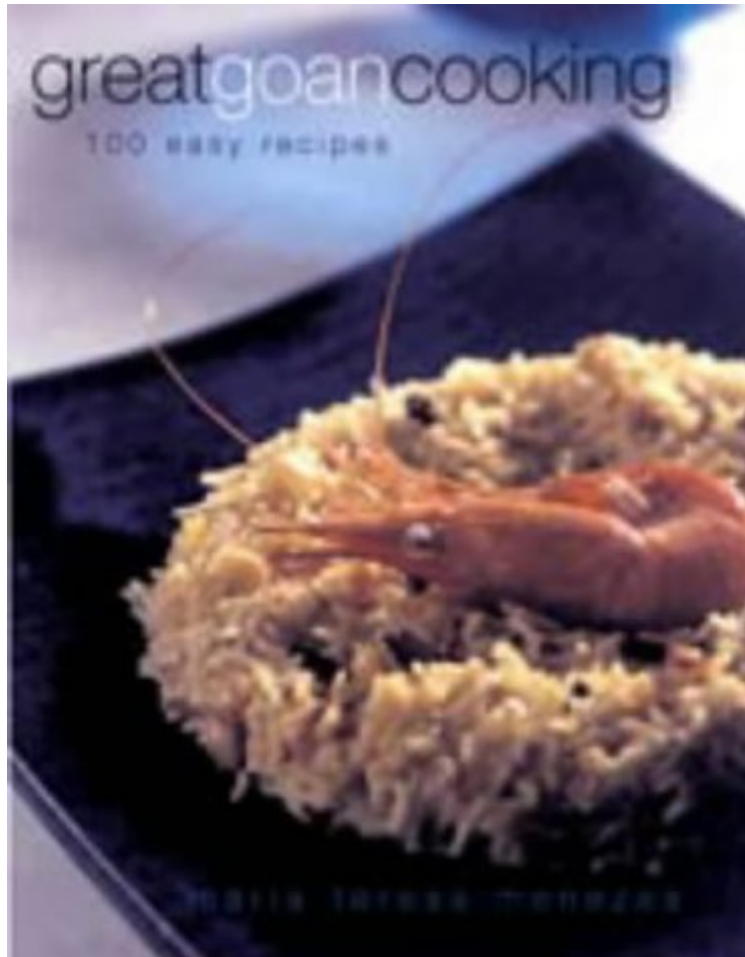


Great Goan Cooking

Maria Teresa Menezes

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Maria Teresa Menezes : Great Goan Cooking before purchasing it in order to gage whether or not it would be worth my time, and all praised Great Goan Cooking:

0 of 0 people found the following review helpful. GreatBy CustomerInteresting recepies, it brought back childhood memories as mom prepared most of it and was so trilled regarding the taste somewhat like my mom who is no more, thanks to the author, good job.

An artful combination of vegetarian Konkani food, redolent with spices and coconut, and a unique array of Portuguese-influenced meat and seafood menus, Goan cuisine is undoubtedly one of the most evolved cuisines of India. Yet there are few restaurants outside the state that serve the range of Goan food; most content themselves with the ubiquitous prawn curry and Goa fish curry. This book, then, is your key to dishing up the perfect Goan meal in the comfort of your home, anywhere in the world. If you live on the coast where fresh seafood is available in plenty, try out these

simple ways of cooking fish, prawns, crab and lobster. If not, there is plenty here for lovers of chicken, pork and mutton from roast chicken to vindaloo, and sorpotel to xacuti. And if you prefer vegetarian dishes, enjoy the delicately flavoured curries made with coconut milk and red chillies, cooked to retain the nutritive value of the vegetables while extracting the maximum aroma and taste. The hundred recipes included here represent the best of traditional Goan cuisine and can be followed effortlessly by the novice as well as the experienced cook. Illustrated with twenty-two photographs, and with a detailed glossary that allows for easy reference when in doubt, this book will find its place on the shelves of everyone interested in cooking or reading about great food. A well-researched and aesthetically brought out cook-book. The compendium of 100 recipes is a must for all lovers of good food. Very workable in an everyday kitchen.' Sabina Sehgal Saikia, The Times of India If vindaloo and sorpotel mean Goa to you, Maria Teresa Menezes gives you more in Great Goan Cooking with beautifully styled pictures and a smart substitute for toddy, a force majeure ingredient...well nuanced with Goan Portuguese and Konkani cuisine, it also balances out the meat-eaters and vegans well. A treat to look at and read. Recommendations Outlook