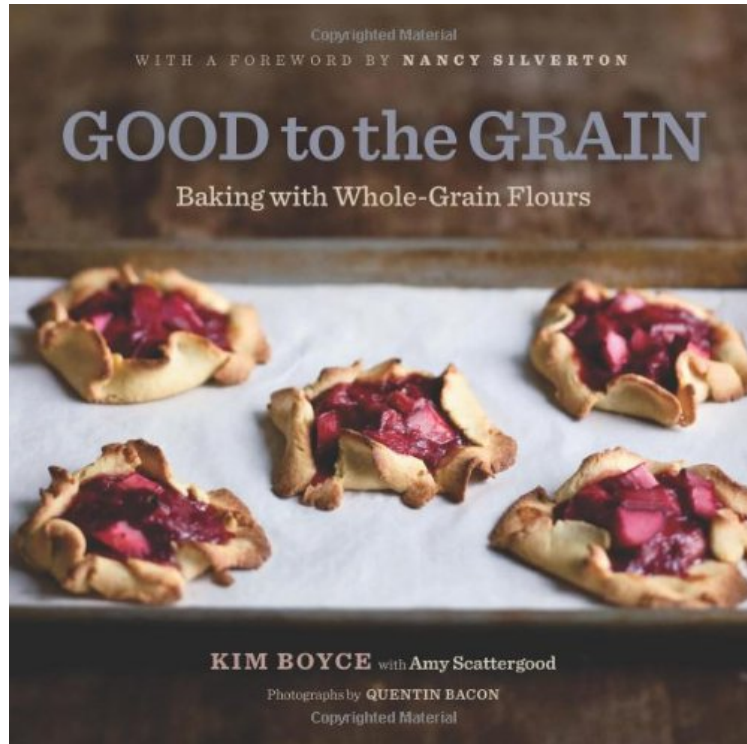


[PDF] Good to the Grain: Baking with Whole-Grain Flours

Good to the Grain: Baking with Whole-Grain Flours

Kim Boyce

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Kim Boyce : Good to the Grain: Baking with Whole-Grain Flours before purchasing it in order to gage whether or not it would be worth my time, and all praised Good to the Grain: Baking with Whole-Grain Flours:

Baking with whole-grain flours used to be about making food that was good for you, not food that necessarily tasted good, too. But Kim Boyce truly has reinvented the wheel with this collection of 75 recipes that feature 12 different kinds of whole-grain flours, from amaranth to teff, proving that whole-grain baking is more about incredible flavors and textures than anything else.