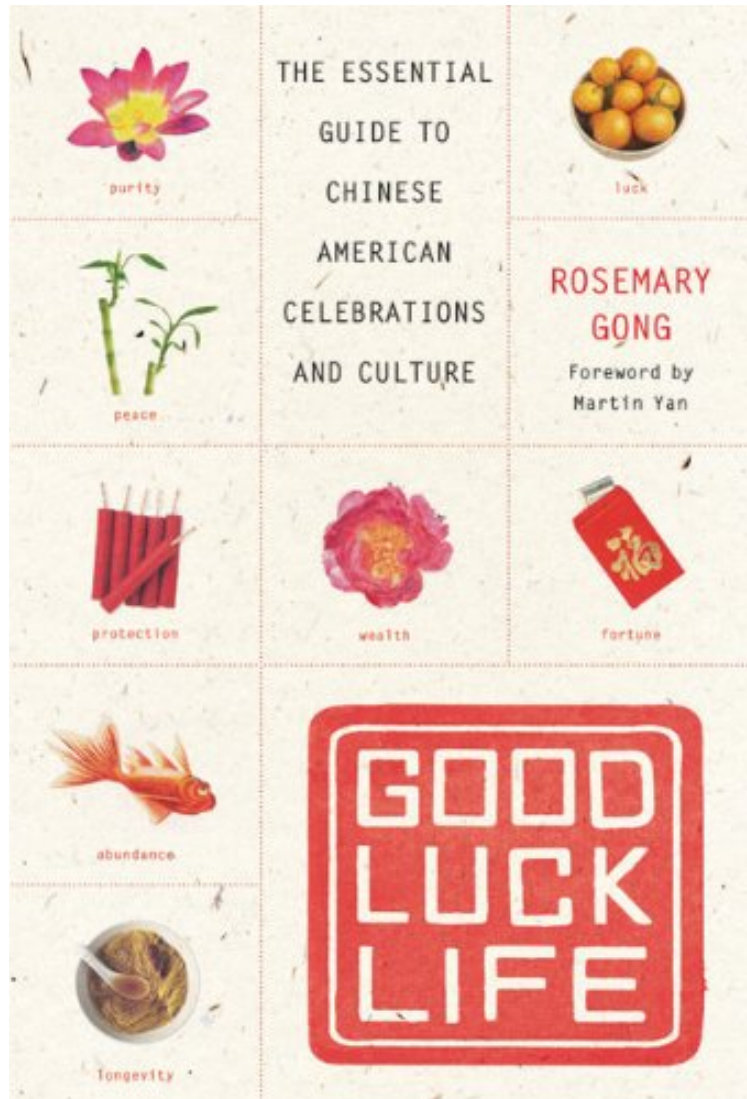


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# Good Luck Life: The Essential Guide to Chinese American Celebrations and Culture

Rosemary Gong

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#137708 in Books Rosemary Gong 2005-01-25 2005-01-25 Original language: English PDF # 1 9.00 x .72 x 6.00l, .69 #File Name: 0060735368270 pages Good Luck Life The Essential Guide to Chinese American Celebrations and Culture | File size: 33.Mb

**Rosemary Gong : Good Luck Life: The Essential Guide to Chinese American Celebrations and Culture** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Good Luck Life: The Essential Guide to Chinese American Celebrations and Culture:

0 of 0 people found the following review helpful. Martin Yan wrote the foreword to this book and talks ...By Albert Wong Martin Yan wrote the foreword to this book and talks about the struggles to be 2nd generation chinese. We are

told that we should know "things" and "customs" but in actuality, we really don't know and we weren't educated. This book helps and gives us a start point. It helps me understand more about my parents and family. It helps me understand the why without the assumptions. Get the book. 1 of 1 people found the following review helpful. Wonderful guide By quintesqe This book is very informative. The cultural traditions, history, and culture are explained in a lively and personal way. The author has a gentle sense of humor that livens the material. The information provided for Chinese socio-cultural traditions extends to the earliest beginnings with myths of how a tradition began, and then the procedures for following the traditions with etiquette correctly in today's modern world are provided. The text also is studded with sweet gems of decorating tips, recipes, etc. I would recommend this book to anyone interested in learning more about their own heritage, world history, or an informative and pleasant read. 0 of 0 people found the following review helpful. Interesting even for the Westerner By Jessica P. I travel fairly frequently to Beijing for work. While many of the traditions are dying as large cities in China become westernized, I have always been really interested to learn the traditions behind my colleagues' holidays, communication style and overall traditions. While my friends try to explain the general ideas to me, it is hard to convey the centuries of traditions by way of a secondary language. This book has been great fun to read to understand more about the cultural history that many of my friends share.

Good Luck Life is the first book to explain the meanings of Chinese rituals and to offer advice on when and how to plan for Chinese holidays and special occasions such as Chinese weddings, the Red Egg and Ginger party to welcome a new baby, significant birthdays, and the inevitable funeral. Packed with practical information, Good Luck Life contains an abundance of facts, legends, foods, old-village recipes, and quick planning guides for Chinese New Year, Clear Brightness, Dragon Boat, Mid-Autumn, and many other festivals. Written with warmth and wit, Good Luck Life is beautifully designed as an easily accessible cultural guide that includes an explanation of the Lunar Calendar, tips on Chinese table etiquette for dining with confidence, and dos and don'ts from wise Auntie Lao, who recounts ancient Chinese beliefs and superstitions. This is your map for celebrating a good luck life.

“Good Luck Life is a great resource to Chinese traditions and celebrations, offering explanations of the customs and their symbolism.” (Ming Tsai, Food Network chef and author of *Simply Ming*) “Good Luck Life is a cultural treasure chest - it's a wonderful legacy to pass on to future generations.” (Martin Yan) “Finally, a guidebook I can refer to for answers on how and why Chinese Americans celebrate and observe special occasions.” (Judy Yung, Professor of American Studies, University of California, Santa Cruz, and author of *Unbound Feet: A Social History of Chinese Women in San Francisco*) “Charming... a good buy.” (Library Journal) About the Author Rosemary Gong is a third-generation Chinese American. Born and raised in California, she and her family were the only Asians in their Central Valley town, school, and church. A graduate of San Jose State University's School of Journalism and Mass Communications, she moved to San Francisco to join Saatchi and Saatchi Corporate Communications Group. Chinatown was her choice of residence -- just around the corner from her grandparents. There, she developed an affinity for the places and the customs inherent in her culture. Rosemary shamefully admits her Chinese vocabulary totals around twenty-nine words. Thus, she considers one of her greatest achievements to be ordering a plate of noodles in her native Cantonese.