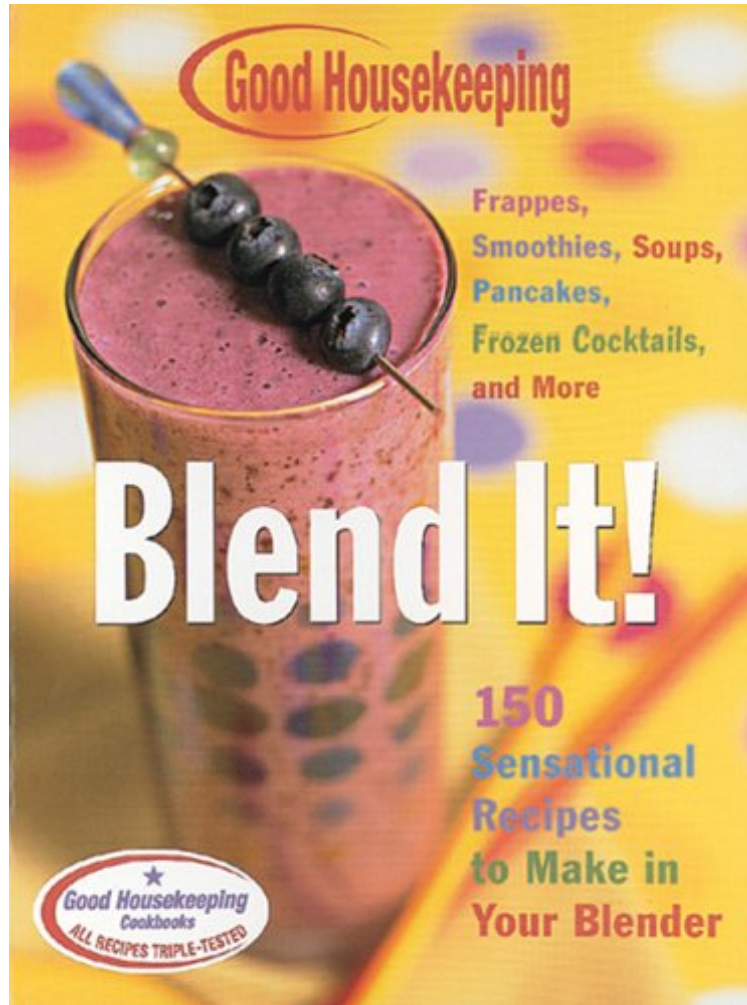


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Good Housekeeping Blend It!: 150 Sensational Recipes to Make in Your Blender-Frappes, Smoothies, Soups, Pancakes, Frozen Cocktails and More

Barbara Chernitz

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Barbara Chernitz : Good Housekeeping Blend It!: 150 Sensational Recipes to Make in Your Blender-Frappes, Smoothies, Soups, Pancakes, Frozen Cocktails and More before purchasing it in order to gage whether or not it would be worth my time, and all praised Good Housekeeping Blend It!: 150 Sensational Recipes to Make in Your Blender-Frappes, Smoothies, Soups, Pancakes, Frozen Cocktails and More:

10 of 10 people found the following review helpful. More than just smoothiesBy Alexieal bought this when my hubby

bought me a blender for Christmas. Not exactly the most ROMANTIC gift I had in mind, but it is great b/c we love shakes and smoothies. I didn't know how to make much of anything outside my little bubble of experience. So I bought this, hoping it would give me some pointers, and it did! Not only are there some fantastic smoothie recipes in here, but they show how to make batter, like pancake, and sauces as well! It is broken down into very simple terms, so if you're not a master chef, or even a good one, you can figure out what they are doing. And they have picked things out that people of all ages would enjoy, floats, smoothies, mint julep, just to name a few. This is worth the money, so go on, TRY IT!
0 of 0 people found the following review helpful. Five Stars
By Margaret Jordan Robinson
Great recipes
0 of 0 people found the following review helpful. A good book!
By John T. Mooney
Easy to read, and easy to follow the directions. There are some really great recipes here!

You may know that Good Housekeeping recipes are triple-tested, nutritious, and tasty, but these treats are also pure, delicious fun. Mouthwatering color photos and illustrations will tempt you to get started, and there's plenty of helpful information on using the blender effectively. Try a classic Banana-Strawberry Smoothie for breakfast and whip up a Frosty Cappuccino that's better than store-bought. Serve chilled Gazpacho with Cilantro Cream for a cool summer meal. Hummus, Chicken Pate, or Roasted Eggplant Dip with Herbs make great appetizers or side dishes. Every recipe includes prep and cooking times, the number of servings, and key nutritional details.