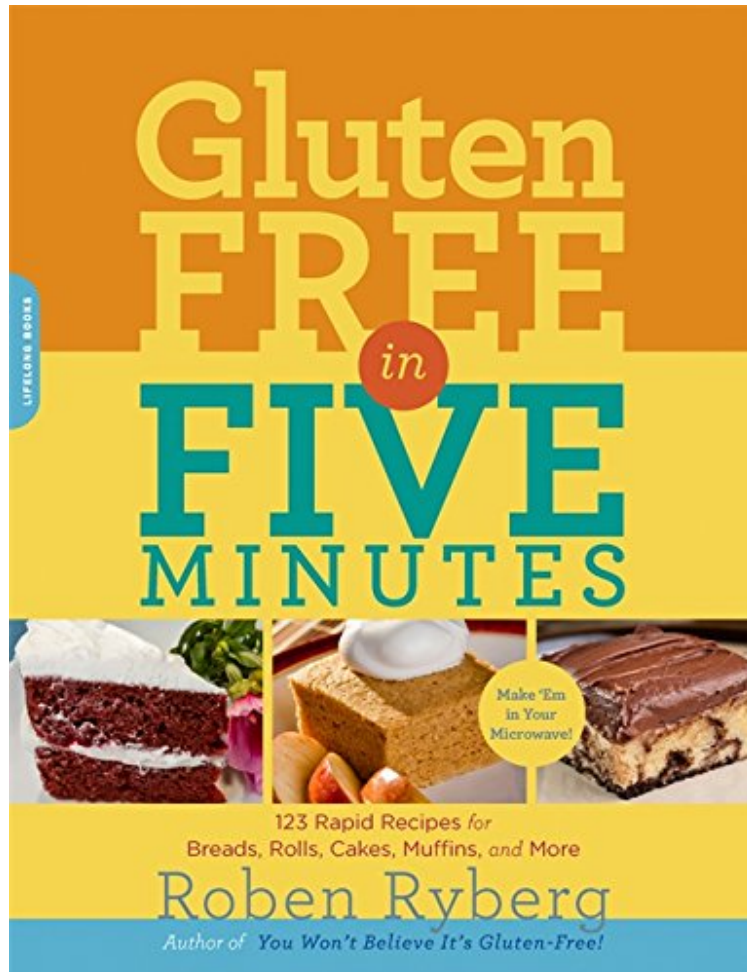


(Download) Gluten-Free in Five Minutes: 123 Rapid Recipes for Breads, Rolls, Cakes, Muffins, and More

## Gluten-Free in Five Minutes: 123 Rapid Recipes for Breads, Rolls, Cakes, Muffins, and More

Roben Ryberg

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**Roben Ryberg : Gluten-Free in Five Minutes: 123 Rapid Recipes for Breads, Rolls, Cakes, Muffins, and More** before purchasing it in order to gage whether or not it would be worth my time, and all praised Gluten-Free in Five Minutes: 123 Rapid Recipes for Breads, Rolls, Cakes, Muffins, and More:

1 of 1 people found the following review helpful. I wouldn't classify the food as tasting the BEST ever, but out of all the cookbooks we ...By G. Welton I wouldn't classify the food as tasting the BEST ever, but out of all the cookbooks we have, this one is used the most. That's because of how easy it is to quickly get a food we need at the last minute. Two of us are celiac, and if it's 9 PM at night and my teen wishes for cake or a muffin, we've got it. We generally make all our hamburger buns this way, because if we purchase them from a store, they're rather stale sitting in the freezer since we don't use them very often. So the book is very handy, and the food definitely tastes "good enough".

The book does use a lot of "1 T. applesauce", so we just keep the small packages of applesauce that are intended for packing lunches. 8 of 8 people found the following review helpful. Great purchase! By Livegr8 I am an avid cook and bake at an advanced level. I was a little leary of baking in the microwave. To my surprise, this cookbook really changed my thinking! Granted, it is not gourmet, but what I've made has been good. Best of all FAST, fresh, and costs pennies to make. I won't be spending \$6 for 4 buns I don't enjoy, and I don't have to preplan every detail so far in advance. I have made the hamburger bun, a hotdog bun, an english muffin, and the chocolate cake. I thought all were good, but the hamburger bun kinda knocked my socks off! No more wasting that freezer space! 0 of 0 people found the following review helpful. Fabulous Book By Caffeinebrain I love this book. For those who say these breads don't taste like your average every-day gluten bread, well guess what? There is absolutely no gluten free bread on the face of this earth that will exactly mimic gluten bread. And that's a fact. These recipes are creative, quick, easy and delicious, fitting my exact criteria for a recipe! I sure hope there's a Volume 2. How wonderful to make a gluten free, DELICIOUS tasting bread or cake in 5. A big thank you to the author.

Gluten-free cooking doesn't mean that you have to spend hours in the kitchen laboring over intricate recipes and multi-flour blends. For two decades, Roben Ryberg has been on the cutting edge of food science. Now she has developed breakthrough--and breakneck--recipes for successful five-minute gluten-free baking, using just a few ingredients and common kitchen appliances. *Gluten-Free in Five Minutes* features 125 original recipes for single and double servings of rolls, cakes, tortillas, and more. Whether you are going gluten-free in your college dorm, at the neighborhood barbecue, or are simply in the mood for a piece of cake, this innovative cookbook presents the quick and easy side of eating well.

Tucson Citizen, 7/1/11 "Whether you are a seasoned chef or new to the world of gluten-free cooking, this cookbook is fun and makes it possible to prepare many family favorites at a fraction of the usual time." Technorati.com, 7/20/11