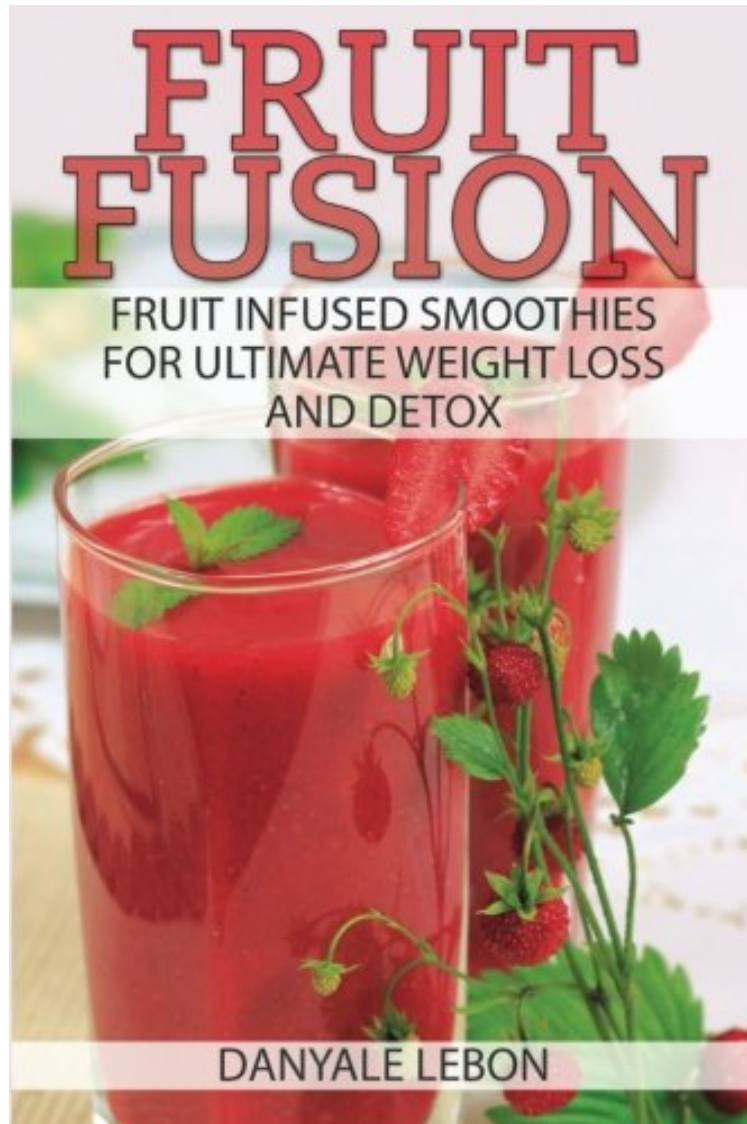


(Read free ebook) Fruit Fusion: Fruit Infused Smoothies for Ultimate Weight Loss and Detox

Fruit Fusion: Fruit Infused Smoothies for Ultimate Weight Loss and Detox

Danyale Lebon

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Danyale Lebon : Fruit Fusion: Fruit Infused Smoothies for Ultimate Weight Loss and Detox before purchasing it in order to gauge whether or not it would be worth my time, and all praised Fruit Fusion: Fruit Infused Smoothies for Ultimate Weight Loss and Detox:

0 of 0 people found the following review helpful. Fruit infused drinks By Jbarr5 Fruit Fusion smoothies Intro talks about the history of smoothies and typical ingredients. Each ingredient is known for medicinal uses or for reducing

inflammation, etc. Each recipe includes a title short summary. Servings. Nutr info per serving has calories, fat-NOT broken up into good and bad, carbs, protein, fiber, sodium and sugar. List of ingredients and you should be able to substitute for your healthier dietary needs: low sodium, low fat, low sugar. Also has directions. . There are no pictures.

Back by popular demand, this second edition of the Fruit Fusion Series by Bestseller Danyale Lebon will propel you into a new age of health and wellness like never before! Following up on the best-selling Fruit Fusion volume 1, "25 Healthy Delicious Infused Vitamin Water Recipes," it's the ultimate fat burning smoothie cookbook, detox smoothie, fruit detox and fruit fast-ing book to achieve maximum fat-loss while feeling great! But we don't just stop at fruit. Fruit Fusion is about infusing all of the health benefits of fruits and vegetables, creating a delicious way to maximize weight loss and natural energy without the harmful side effects of artificially made weight loss and energy supplements, right from the comfort of your own home! Whether you're a person looking to lose weight, get in shape or to become healthier, then yoursquo;ll want to know the secrets of fruit infused smoothies. Need more energy? Well, these nutrient packed weight loss smoothies will put a little 'pep' in your step all while helping you naturally lose weight and detoxify your body. Weight loss you say? With these healthy and delicious fruit-infused smoothie recipes you're about to discover how to look and feel healthier, increase energy levels and naturally lose weight right now! In fact, if you want to know how to cut out drinking artificial beverages and junk food while naturally boost ing your energy levels and personal appearance, then this new Kindle book - "Fruit Fusion: Fruit Infused Smoothies for Ultimate Weight Loss and Detox" - gives you the answers to all of those important questions and challenges every person looking to take control of their health the natural way, including: -How can I look and feel healthy? -How can I lose weight? - How can I cleanse/detox safely? -How does proper hydration affect my energy and health? You'll also discover other benefits that come with making these simple yet awesome fruit-infused smoothie recipes at home, including: Cost savings? Other health benefits? ... And more! So, if you're serious about wanting to naturally look and feel healthier, boost your energy level while maintaining your ideal weight as well as learning the key to quitting artificial beverages and junk food by taking advantage of fat burning smoothies, then you need to grab a copy of "Fruit Fusion: Fruit Infused Smoothies for Ultimate Weight Loss and Detox" right now, because health and wellness expert, Danyale Lebon, will reveal to you how every person looking to take back their health, regardless of experience level, can succeed - Today!