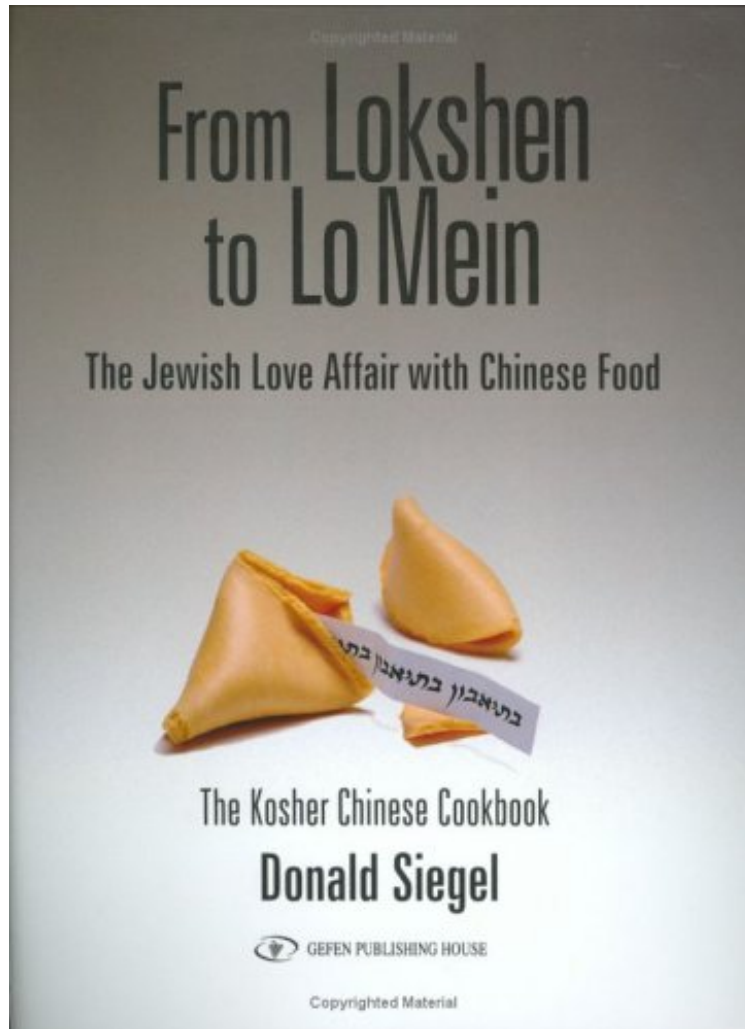


(Read now) From Lokshen to Lo Mein: The Jewish Love Affair with Chinese Food

From Lokshen to Lo Mein: The Jewish Love Affair with Chinese Food

Don Siegel

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Don Siegel : From Lokshen to Lo Mein: The Jewish Love Affair with Chinese Food before purchasing it in order to gage whether or not it would be worth my time, and all praised From Lokshen to Lo Mein: The Jewish Love Affair with Chinese Food:

0 of 0 people found the following review helpful. Great CookbookBy marshall epsteinThis is truly a wonderful cookbook,Not just recipes but stories to go with it. Some of the incredible recipes include Roast Chinese chicken. The dim sem are great. The fish wonderful. All and all a great chinese cookbook.0 of 0 people found the following review helpful. Five StarsBy Derek C. AndersonDefinitely worth it!0 of 0 people found the following review helpful. An interesting twist on Chinese cookingBy Ali Julia[[VIDEOID:e42e87469ef6f9aecc2644b754f763b4]] This book is an

interesting twist on cooking Chinese food. The book contains interesting comparison between Jewish and Chinese cooking, and has a section explaining Kosher cooking, but it is not aimed at Jewish or Kosher cooks only. The authors goal is to make Chinese cooking easy. Even though they are not required the author recommends using two special Chinese cooking tools as a convenience - a wok and a Chinese vegetable knife. For Kosher cooks there is a short section for recommended meat substitutions (to replace pork in the recipes).The recipes are simple and tasty. I never realized how simple it is to make Szechuan Noodles that taste like real restaurant quality Szechuan Noodles! So far my favorite recipe has been tea-smoked duck breast. It is similar to Peking Duck and I never imagined I would be able to make it at home.A little about the book organization. My favorite cookbooks manage to keep the recipes on one page, if the recipe takes two pages it is put on the opposite sides of the page so I don't have to turn pages while my hands are covered with food stuff. I also like seeing a photo of the prepared dish next to the recipe. This book does not do either of these. Most recipes require a page flip, and it has no photos at all.I received a review copy of this book and enjoyed trying out different recipes to share my experience with other reader.Ali Julia review

Some classic Jewish foods are analogous to Chinese versions-hence the title, From Lokshen to Lo Mein. Lokshen are Jewish noodles used in many recipes, an analog to Lo Mein noodles used in Chinese cooking. Along with Don Siegel's favorite Chinese kosher recipes, the author includes some comments on the connection of Jews and Chinese culture, where to get kosher Chinese ingredients, a few jokes about Jews and Chinese food, a short section on what 'kosher' means for those unfamiliar with Jewish dietary laws, and digressions on Chinese cooking techniques and products. Have fun cooking authentic Chinese dishes while reading interesting topics: The Evolution of Chinese Cooking, The Jewish Experience in China, The American-Jewish Chinese Connection, The Chinese Kitchen Cabinet, The Drop Dead Tip for Making a Chinese Dinner.

Carefully researched and crammed with fascinating facts, this goes beyond a cookbook. A jolly good read! -- Ethel G. Hofman, Syndicated Jewish Food ColumnistOne of my recipes to reduce my homesickness while living abroad was to eat Don's Chinese dishes. --Yiping Shen, CEO of GNT-International, Beijing, ChinaSiegel brings authentic sophisticated Chinese recipes to even the strictest adherents of Kashrut. -- Rabbi Daniel Jezer, Rabbi emeritus , Cong. Beth Shalom, New YorkSiegel proves my long time belief that a good geochemist must be a good cook first. -- Professor Chen Zhu, University of IndianaAbout the AuthorWhen earth science professor Donald I. Siegel is not busy researching hydrology and geochemistry, he's hard at work pursuing another interest in life cooking. Siegel teaches hydrology and earth science in The College of Arts and Sciences at Syracuse University, and recently received top honors from the National Science Foundation and the Geological Society of America.