

[E-BOOK] From Kai to Kiwi Kitchen: New Zealand Culinary Traditions and Cookbooks

From Kai to Kiwi Kitchen: New Zealand Culinary Traditions and Cookbooks

Helen Leach

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Helen Leach : From Kai to Kiwi Kitchen: New Zealand Culinary Traditions and Cookbooks before purchasing it in order to gage whether or not it would be worth my time, and all praised From Kai to Kiwi Kitchen: New Zealand Culinary Traditions and Cookbooks:

4 of 4 people found the following review helpful. A fascinating culinary history, highly recommendedBy Midwest

Book Review All over the world there are fresh ideas to pursue, you just need to know where to look. "From Kai to Kiwi Kitchen: New Zealand Culinary Traditions and Cookbooks" is a guide to commonly unseen world of Polynesian cooking, tracing its history and traditions. Looking at both its aboriginal flavors that have been used for millennia of the people there, the impact of European colonization, and more, New Zealand provides an interesting study in the development of a nation's culinary practice. "From Kai to Kiwi Kitchen" is a fascinating culinary history, highly recommended.

In the past two decades, cuisine and culinary history have attracted increasing attention, with both popular and academic books reflecting the growth of interest. Recipes are both sensitive markers of the socioeconomic conditions of their times and written representations of a culture's culinary repertoire yet, despite the vast number of cookbooks that survive, they have not been the primary focus of research projects. Acknowledgement of their potential contribution to our understanding of culinary history has been slow. This book is a first in its field.

About the Author Helen Leach is Emeritus Professor of Anthropology at the University of Otago. Her most recent book, *The Pavlova Story: A Slice of New Zealand's Culinary History*, was a finalist in the Montana Book Awards in 2009. She has also written two books on garden history, co-authored nine others, and published over 60 articles in journals worldwide.