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Pushpesh Pant, Huma Mohsin
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Pushpesh Pant, Huma Mohsin : Food Path: Cuisine Along the Grand Trunk Road from Kabul to Kolkata before purchasing it in order to gage whether or not it would be worth my time, and all praised Food Path: Cuisine Along the Grand Trunk Road from Kabul to Kolkata:

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The Grand Trunk Road, the axis of the Indian subcontinent's heavily populated north since the sixteenth century, was the brainchild of Sher Shah Suri. "Food path: Cuisine along the Grand Trunk Road from Kabul to Kolkata" presents a compelling and beautifully illustrated history of the road since its emergence as ancient India's first route for traders and invaders. Driving along the classic route, full of the footprints of history and culture, one has an unmatched opportunity to discover the culinary riches of India. The seductive flavours range from the barbequed temptations of Peshawar and Rawalpindi to the sumptuous secrets of the imperial dastarkhans of Delhi and Agra; from the succulent

kebabs of the Awadh region to the sublime vegetarian repast of Varanasi and the tantalizing sweets of Bengal. Indeed, the GT Road is the best introduction to the fulsome flavours of India. Bon voyage and bon appetit!

About the Author Pushpesh Pant, born in Nainital in 1946 and educated in Nainital and Delhi, is a professor of diplomacy at Jawaharlal Nehru University, New Delhi. He has studied ancient Indian history, international law, and Ayurveda. A regular columnist for national newspapers and magazines, he is also a frequent contributor to radio and television. He writes in both English and Hindi and produces documentaries for television. He is a well-known authority on culinary matters and has published a popular cookbook, *Buddhist Peace Recipes* (also published by Roli Books). He lives in Delhi with his son, daughter-in-law, grandchild, and his German shepherd, Khampa. Huma Mohsin, born and brought up in Peshawar and educated at Home Economics College in that city, is a cookery expert. Her father belonged to North West Frontier Province while her mother hailed from Punjab - thus the recipes provided by her are an authentic mix of both. Besides rustling up mouth-watering dishes for her family, she is interested in reading and writing short stories. She lives in Peshawar with her husband and five children.