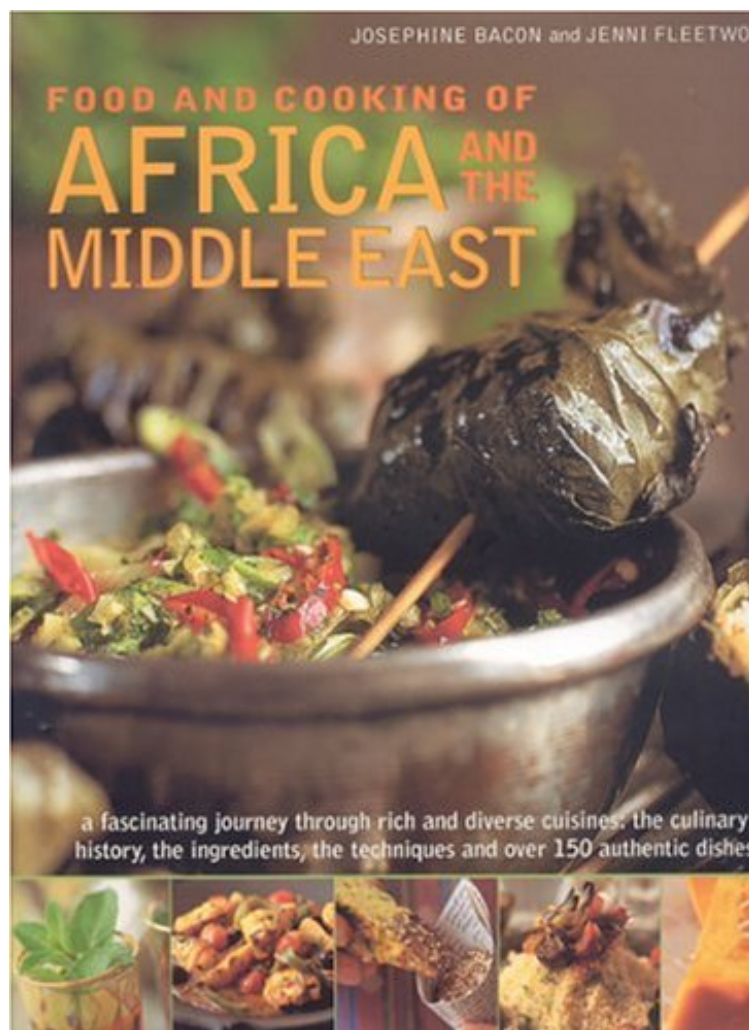


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## **Food and Cooking of Africa and Middle East: A fascinating journey through these rich and diverse cuisines: the culinary history; the ingredients; the techniques and over 150 authentic dishes**

*Josephine Bacon, Jenni Fleetwood*  
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2 of 2 people found the following review helpful. Great cookbook with enticing pictures, but sadly all the wonderful recipes are in an unnecessarily tiny 8-point font. By Anna Maria I concur with what the five-star reviewers have written about this cookbook. It is wonderful cookbook with enticing pictures and includes diverse and delicious dishes from my favorite regions of the world. However, I have several dozens of hardback cookbooks, and I have never seen a cookbook with the recipes written in such a tiny font. It's bizarre. I have good vision and don't have to wear glasses or contacts, but when the largest font is 10 point and the ingredient list is in, at best, an 8-point font, cooking from this cookbook is markedly more difficult. I planned to get other copies as gifts for friends who also love African and Middle Eastern cooking, but I showed my copy to my mother when she visited, and she said, "You've got to be kidding! Some people you were planning to get this for will be wanting a magnifying glass to go along with it!" Sadly, this is very true. Even I want a magnifying glass for it. It's literally like this was a shrunken reprint of the original cookbook. I am debating returning it because it isn't practical for cooking. If it came in a Kindle version you could at least expand the page. This may sound petty, but trust me. The font for the ingredients and cooking instruction is THAT small. When you are cooking, you don't want to be constantly studying to decipher the recipes. It's like a lawyer wrote the recipes thinking they should resemble the print in long contracts. I would gladly pay more to have it normal sized. Even the book itself is only 7 inches by 9 inches. If anyone knows of a normal-sized version of this same book, I'd love to know where to get it. 1 of 1 people found the following review helpful. Best cooking book! By Veronica This is my favorite cooking book! I use it very often since I love Middle Eastern cuisine. The book is very easy to use and the pictures are very helpful if you are a visual person. The book has variety, taste and quality! I actually first bought this book in a store but then my brother was visiting me from States and asked if I can gift him the book. So, i had to order the book from for myself! Love it! 1 of 1 people found the following review helpful. Best Diverse Cooking Book! By Tonie This has to be one of the best and most informative African cooking books that I have ever owned. It is very easy to follow and the best part is that it is not difficult to find the items at most grocery stores. Thank you for offering this book.

A fabulous collection of delicious recipes from all over Africa and the Middle East which captures the authentic flavors of a fascinating and undiscovered culinary region.