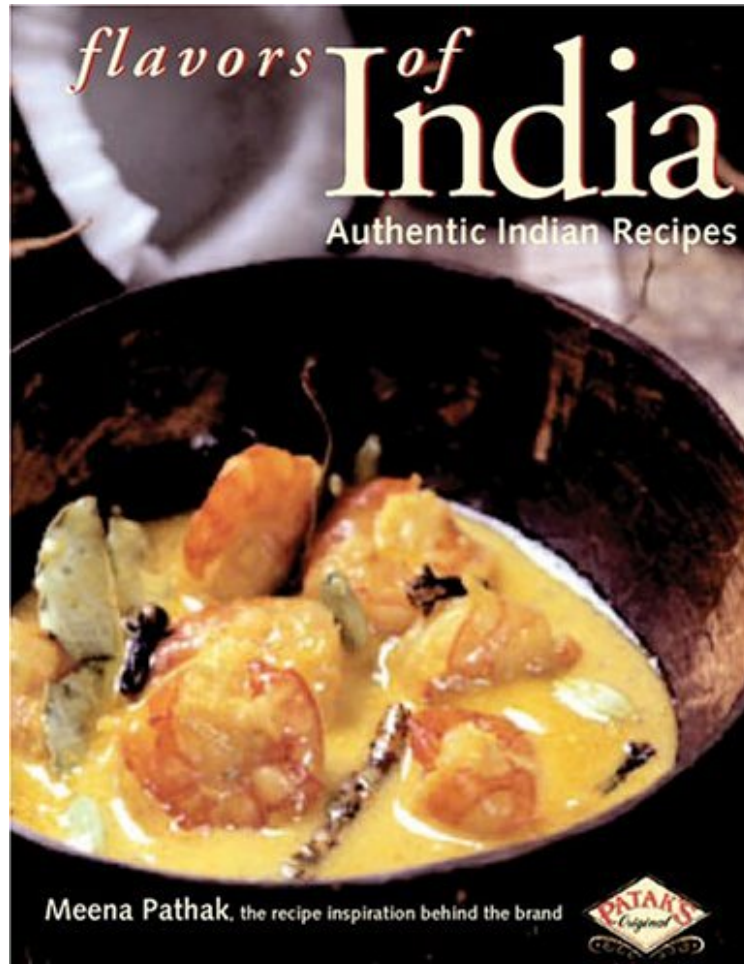


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## Flavors of India: Authentic Indian Recipes

*Meena Pathak*

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**Meena Pathak : Flavors of India: Authentic Indian Recipes** before purchasing it in order to gage whether or not it would be worth my time, and all praised Flavors of India: Authentic Indian Recipes:

4 of 5 people found the following review helpful. Easy to follow delicious light meals By R. MIRANDA The recipes are wonderful and very authentic. Follow them perfectly and they'll remind you of your mom's cooking. All are simple to follow and they do not use cream and butter in unnecessary quantities. Finally I have found a book which helps me make delicious everyday meals without effort. Thanks a lot Meena.

The creative force behind Patak's, the world's most popular brand of Indian food, presents a stunningly illustrated collection of more than 100 authentic, simple-to-prepare recipes. With appealing enthusiasm and profound knowledge, Meena Pathak proves that Indian cooking needn't be time-consuming or require long lists of unusual ingredients. And her amazing dishes reveal that Indian cuisine has more to offer than the standard fare served up in so many restaurants.

The recipes come from all over the subcontinent, and include Goan-style Fried Fish, Black Pepper Chicken, and Layered Lamb Biryani. Throughout, Meena recalls growing up in India and gives personal notes on the recipes.