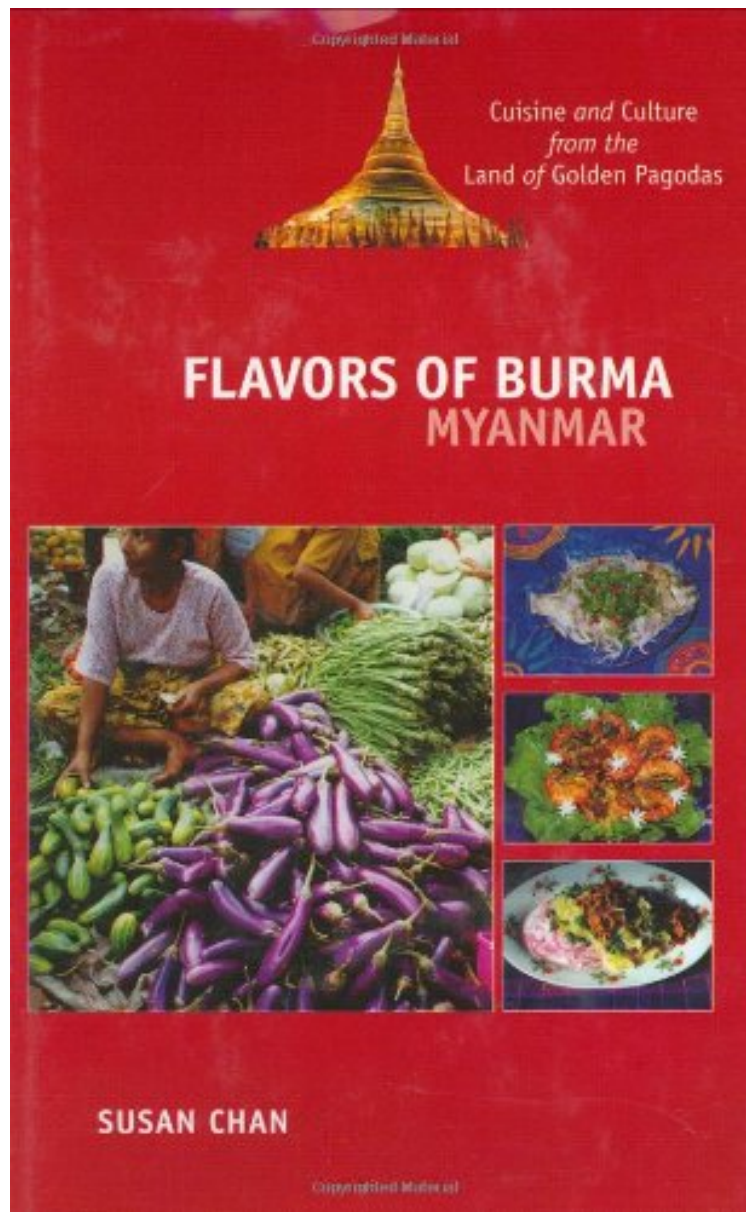


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Flavors of Burma: Myanmar : Cuisine and Culture from the Land of Golden Pagodas

Susan Chan

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0 of 0 people found the following review helpful. Excellent format and well written
By Eric T. Although I'm not from Burma, her material was very easy to digest and entertaining to read. The writer gives an excellent overview of the history and culture without the hype and fluff. She also gives her own life experience and journey while in Burma. Although I never had Burmese food or been to Burma, reading her book gives me a warmth feel that I "know" about Burma.
0 of 0 people found the following review helpful. Like it but it needs colour
By joeys I personally know the author. Came home after a delightful evening with her and bought the book. But...the black and white of Kindle really misses the impact. It needs colour
0 of 0 people found the following review helpful. Five Stars
By Customer A

Burma, also called Myanmar, is located in Southeastern Asia between Bangladesh and Thailand, bordering the Andaman Sea and the Bay of Bengal. Typical meals include rice, curries, salads, vegetables, and side dishes such as cucumber and tomato slices eaten with traditional Burmese fish sauce (Nga-Pi-Yae) and Fried Shrimp with Shrimp Paste (Balachung), which are presented here in 76 enticing recipes. Susan Chan depicts the culture and traditions of Burma, providing ample information on the Burmese market, commonly used ingredients, and eating and serving customs, explaining, for example, that Burmese eat with their fingertips. She also familiarizes her readers with the language, festivals, and principal cities of this country. Complete with b/w illustrations and photographs.

About the Author
Susan Chan was born in Burma and emigrated to Australia with her family. She is an IT professional with a passion for food. All the dishes in this book are ones she cooks at home for her family and friends. Chan resides in Sydney, Australia.